



Deux Jours du Hainaut Etape 1- Longue Distance

Ghlin 15.5.2021

C.O. Militaire Belge

Florine DURIEUX

Altair C.O.

Circuit : D:Noir Moyen

Distance : 7400m

Temps : 1:15:18 (10'11"/km)

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O.K.

[Résultats complets sur Webres](#)

2. Charlotte SOLTYSIAK 1:27:21
3. Rasa ENGSTEDT 1:38:19

1.	167	00:02:37	380m	6'53"/km
2.	171	00:01:00 00:03:37	140m	7'09"/km
3.	170	00:03:16 00:06:53	440m	7'25"/km
4.	174	00:03:15 00:10:08	400m	8'08"/km
5.	213	00:04:46 00:14:54	560m	8'31"/km
6.	195	00:01:55 00:16:49	210m	9'08"/km
7.	190	00:03:42 00:20:31		
8.	182	00:01:29 00:22:00	120m	12'22"/km
9.	185	00:01:46 00:23:46	100m	17'40"/km
10.	180	00:00:36 00:24:22	70m	8'34"/km
11.	214	00:00:29 00:24:51	50m	9'40"/km
12.	183	00:01:12 00:26:03	140m	8'34"/km
13.	179	00:00:48 00:26:51	60m	13'20"/km
14.	187	00:02:29 00:29:20	250m	9'56"/km
15.	194	00:01:01 00:30:21	130m	7'49"/km
16.	191	00:01:05 00:31:26	110m	9'51"/km
17.	215	00:01:31 00:32:57	110m	13'47"/km
18.	198	00:03:33 00:36:30	90m	39'27"/km
19.	197	00:04:09 00:40:39	400m	10'23"/km
20.	199	00:04:48 00:45:27	660m	7'16"/km
21.	200	00:01:39 00:47:06	160m	10'19"/km
22.	202	00:08:35 00:55:41	640m	13'25"/km
23.	203	00:03:08 00:58:49	200m	15'40"/km
24.	205	00:04:16 01:03:05	130m	32'49"/km
25.	209	00:02:37 01:05:42	320m	8'11"/km
26.	210	00:01:06 01:06:48	180m	6'07"/km
27.	216	00:02:12 01:09:00	280m	7'51"/km
28.	208	00:01:38 01:10:38	220m	7'25"/km
29.	217	00:01:07 01:11:45	90m	12'24"/km
30.	218	00:01:14 01:12:59	200m	6'10"/km
31.	212	00:00:43 01:13:42	60m	11'57"/km
32.	250	00:01:24 01:15:06	170m	8'14"/km
33.	999	00:00:12 01:15:18	60m	3'20"/km