



Interkorpsen Defensie - Intercorps Défense

1.3.2024

Belgian Military Orienteering Team

Frank VAN ROOST

OMEGA

Omloop : Civil 2

Afstand : 3900m

Tijd : 0:43:32 (11'10"/km)

6/30

O.K.

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- | | |
|---------------------------|---------|
| 1. Jorran VAN DER HEIJDEN | 0:32:10 |
| 2. Guido TIMMERS | 0:34:01 |
| 3. Didier TERRITO | 0:38:51 |

1.	101	00:03:52		217m	17'49"/km
2.	106	00:03:37	00:07:29	368m	9'50"/km
3.	109	00:03:06	00:10:35	262m	11'50"/km
4.	110	00:04:06	00:14:41	373m	11'00"/km
5.	142	00:03:55	00:18:36	364m	10'46"/km
6.	134	00:02:23	00:20:59	220m	10'50"/km
7.	135	00:01:42	00:22:41	180m	9'27"/km
8.	129	00:01:55	00:24:36	179m	10'42"/km
9.	130	00:00:58	00:25:34	96m	10'04"/km
10.	136	00:03:50	00:29:24	325m	11'48"/km
11.	111	00:02:11	00:31:35	206m	10'36"/km
12.	132	00:05:24	00:36:59	422m	12'48"/km
13.	104	00:02:44	00:39:43	267m	10'14"/km
14.	102	00:03:01	00:42:44	266m	11'20"/km
15.	180	00:00:48	00:43:32	112m	7'09"/km

HELGA
Orienteering Software