



Chartreuze en Lindenbos (Forest Cup)

Lubbeek 25.2.2024

Omega

Nico CEUNEN

hamok

Omloop : H:01

Afstand : 8830m

Tijd : 1:09:47 (7'54"/km)

10/34

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|----------------------------|---------|
| 1. Marc SERRALLONGA ARQUES | 0:53:27 |
| 2. Desmond FRANSSEN | 0:58:53 |
| 3. Maarten VANCOETSEM | 0:59:29 |

1.	134	00:01:19			
2.	132	00:04:20	00:05:39	250m	17'20"/km
3.	129	00:02:01	00:07:40	247m	8'10"/km
4.	125	00:01:02	00:08:42	106m	9'45"/km
5.	121	00:00:45	00:09:27	122m	6'09"/km
6.	116	00:03:41	00:13:08	569m	6'28"/km
7.	111	00:02:19	00:15:27	276m	8'24"/km
8.	113	00:02:06	00:17:33	243m	8'39"/km
9.	117	00:01:53	00:19:26	268m	7'02"/km
10.	119	00:01:43	00:21:09	230m	7'28"/km
11.	123	00:02:10	00:23:19	345m	6'17"/km
12.	134	00:01:26	00:24:45	246m	5'50"/km
13.	132	00:01:44	00:26:29	250m	6'56"/km
14.	127	00:01:51	00:28:20	321m	5'46"/km
15.	128	00:01:45	00:30:05	297m	5'54"/km
16.	141	00:04:09	00:34:14	533m	7'47"/km
17.	143	00:02:19	00:36:33	340m	6'49"/km
18.	145	00:03:51	00:40:24	291m	13'14"/km
19.	144	00:01:36	00:42:00	237m	6'45"/km
20.	149	00:03:04	00:45:04	475m	6'27"/km
21.	152	00:02:30	00:47:34	413m	6'03"/km
22.	158	00:02:22	00:49:56	347m	6'49"/km
23.	159	00:01:49	00:51:45	153m	11'52"/km
24.	155	00:02:50	00:54:35	381m	7'26"/km
25.	148	00:04:15	00:58:50	423m	10'03"/km
26.	151	00:01:02	00:59:52	163m	6'20"/km
27.	153	00:01:32	01:01:24	239m	6'25"/km
28.	154	00:01:09	01:02:33	97m	11'51"/km
29.	157	00:02:17	01:04:50	321m	7'07"/km
30.	147	00:01:56	01:06:46	206m	9'23"/km
31.	146	00:01:42	01:08:28	266m	6'23"/km
32.	999	00:01:19	01:09:47	280m	4'42"/km