



Avond-O Oostappense heide

Ommel 23.2.2024

KOVZ

Mats DE SMUL

Omega

Omloop : H:Orohydro

Afstand : 6190m

Tijd : 1:12:32 (11'43"/km)

9/17

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|----------------------------|---------|
| 1. Benjamin ANCIAUX | 0:39:30 |
| 2. Marc SERRALLONGA ARQUES | 0:42:25 |
| 3. Simon KREKELS | 0:44:27 |

1.	101	00:01:54		147m	12'56"/km
2.	102	00:04:29	00:06:23	316m	14'11"/km
3.	103	00:00:42	00:07:05	117m	5'59"/km
4.	104	00:00:49	00:07:54	109m	7'30"/km
5.	105	00:05:29	00:13:23	364m	15'04"/km
6.	106	00:01:53	00:15:16	253m	7'27"/km
7.	107	00:01:03	00:16:19	141m	7'27"/km
8.	108	00:00:41	00:17:00	80m	8'32"/km
9.	104	00:02:20	00:19:20	280m	8'20"/km
10.	110	00:03:50	00:23:10	335m	11'27"/km
11.	111	00:04:56	00:28:06	274m	18'00"/km
12.	112	00:01:33	00:29:39	180m	8'37"/km
13.	113	00:02:26	00:32:05	215m	11'19"/km
14.	114	00:01:38	00:33:43	219m	7'27"/km
15.	115	00:02:43	00:36:26	282m	9'38"/km
16.	116	00:05:13	00:41:39	299m	17'27"/km
17.	129	00:01:51	00:43:30	154m	12'01"/km
18.	117	00:02:18	00:45:48	235m	9'47"/km
19.	118	00:01:56	00:47:44	179m	10'48"/km
20.	119	00:01:32	00:49:16	125m	12'16"/km
21.	120	00:01:35	00:50:51	109m	14'32"/km
22.	131	00:01:46	00:52:37	194m	9'06"/km
23.	122	00:02:13	00:54:50	232m	9'33"/km
24.	123	00:03:28	00:58:18	369m	9'24"/km
25.	124	00:01:10	00:59:28	84m	13'53"/km
26.	125	00:03:07	01:02:35	267m	11'40"/km
27.	126	00:03:48	01:06:23	276m	13'46"/km
28.	127	00:01:31	01:07:54	147m	10'19"/km
29.	128	00:01:48	01:09:42	118m	15'15"/km
30.	999	00:02:50	01:12:32	86m	32'57"/km