



Militair Regelmatigheidscriterium

Amay 21.2.2024

CC Land Dept Gn

Frank TOUSSAINT

Ci-MEG

Omloop : H:04

Afstand : 5400m (Hoogteverschil 80m)

Tijd : 1:25:35 (15'51"/km)

24/47

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------------|---------|
| 1. Frédéric PICARD | 0:54:12 |
| 2. Jean-Manuel VERPOORTEN | 0:57:26 |
| 3. Bruno RASKIN | 0:59:20 |

1.	107	00:03:36		352m	10'14"/km
2.	110	00:01:03	00:04:39	121m	8'41"/km
3.	112	00:01:51	00:06:30	191m	9'41"/km
4.	114	00:03:45	00:10:15	239m	15'41"/km
5.	115	00:01:30	00:11:45	150m	10'00"/km
6.	118	00:03:32	00:15:17	297m	11'54"/km
7.	120	00:01:52	00:17:09	130m	14'22"/km
8.	116	00:03:12	00:20:21	310m	10'19"/km
9.	121	00:08:22	00:28:43	143m	58'30"/km
10.	128	00:03:14	00:31:57	188m	17'12"/km
11.	150	00:07:31	00:39:28	414m	18'09"/km
12.	153	00:02:18	00:41:46	135m	17'02"/km
13.	139	00:05:39	00:47:25	510m	11'05"/km
14.	129	00:02:53	00:50:18	289m	9'59"/km
15.	127	00:14:58	01:05:16	296m	50'34"/km
16.	132	00:04:12	01:09:28	202m	20'48"/km
17.	133	00:02:19	01:11:47	169m	13'42"/km
18.	135	00:01:14	01:13:01	95m	12'59"/km
19.	145	00:02:39	01:15:40	187m	14'10"/km
20.	146	00:01:05	01:16:45	96m	11'17"/km
21.	161	00:04:26	01:21:11	306m	14'29"/km
22.	168	00:03:30	01:24:41	359m	9'45"/km
23.	180	00:00:54	01:25:35	183m	4'55"/km

Orienteering Software