



Militair Regelmatigheidscriterium

Amay 21.2.2024

CC Land Dept Gn

Benjamin JOCHMANS

ACOS IS

Omloop : H:02

Afstand : 6700m (Hoogteverschil 170m)

Tijd : 1:25:12 (12'43"/km)

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O.K.

[Volledige uitslagen op Webres](#)

1. Wiet LAENEN	1:07:35
2. Christophe RESTIVO	1:12:50
3. Ronald SOMERS	1:13:03

1.	109	00:04:21		419m	10'23"/km
2.	131	00:06:34	00:10:55	380m	17'17"/km
3.	121	00:04:30	00:15:25	424m	10'37"/km
4.	117	00:03:10	00:18:35	205m	15'27"/km
5.	120	00:01:55	00:20:30	187m	10'15"/km
6.	118	00:02:26	00:22:56	130m	18'43"/km
7.	116	00:05:32	00:28:28	334m	16'34"/km
8.	114	00:04:49	00:33:17	183m	26'19"/km
9.	124	00:04:34	00:37:51	371m	12'19"/km
10.	130	00:06:16	00:44:07	336m	18'39"/km
11.	139	00:04:10	00:48:17	359m	11'36"/km
12.	152	00:06:13	00:54:30	679m	9'09"/km
13.	151	00:00:55	00:55:25	48m	19'06"/km
14.	149	00:03:49	00:59:14	266m	14'21"/km
15.	129	00:03:46	01:03:00	465m	8'06"/km
16.	145	00:06:41	01:09:41	508m	13'09"/km
17.	146	00:00:47	01:10:28	96m	8'10"/km
18.	169	00:02:44	01:13:12	286m	9'33"/km
19.	161	00:02:28	01:15:40	94m	26'14"/km
20.	157	00:06:22	01:22:02	393m	16'12"/km
21.	168	00:02:31	01:24:33	299m	8'25"/km
22.	180	00:00:39	01:25:12	183m	3'33"/km

Orienteering Software