



Training SO Bechefa
SO Bechefa 18.2.2024
OLV Eifel

Klaus SCHWALL

OLV Eifel

Course : H:Schwarz lang

Distance : 6080m

Time : 1:01:50 (10'10"/km)

3/9

O.K.

[Full result on Webres](#)

1. Jérémy BREDO
2. Guido LENGES

0:55:33
0:58:44

1.	101	00:01:59		318m	6'14"/km
2.	102	00:02:25	00:04:24	310m	7'48"/km
3.	103	00:01:35	00:05:59	170m	9'19"/km
4.	104	00:06:19	00:12:18	565m	11'11"/km
5.	105	00:04:15	00:16:33	109m	38'59"/km
6.	106	00:01:30	00:18:03	144m	10'25"/km
7.	107	00:02:06	00:20:09	132m	15'55"/km
8.	108	00:01:23	00:21:32	174m	7'57"/km
9.	109	00:00:43	00:22:15	107m	6'42"/km
10.	110	00:01:28	00:23:43	111m	13'13"/km
11.	111	00:01:17	00:25:00	131m	9'48"/km
12.	112	00:02:00	00:27:00	220m	9'05"/km
13.	113	00:02:14	00:29:14	231m	9'40"/km
14.	114	00:02:45	00:31:59	414m	6'39"/km
15.	115	00:01:29	00:33:28	195m	7'36"/km
16.	116	00:01:35	00:35:03	182m	8'42"/km
17.	241	00:02:40	00:37:43	211m	12'38"/km
18.	242	00:01:11	00:38:54	192m	6'10"/km
19.	243	00:01:43	00:40:37	167m	10'17"/km
20.	117	00:00:39	00:41:16	121m	5'22"/km
21.	118	00:02:43	00:43:59	371m	7'19"/km
22.	220	00:02:36	00:46:35	221m	11'46"/km
23.	221	00:03:01	00:49:36	238m	12'41"/km
24.	222	00:01:04	00:50:40	104m	10'15"/km
25.	223	00:01:30	00:52:10	142m	10'34"/km
26.	224	00:02:59	00:55:09	115m	25'57"/km
27.	225	00:01:33	00:56:42	113m	13'43"/km
28.	226	00:01:09	00:57:51	113m	10'11"/km
29.	227	00:02:09	01:00:00	180m	11'57"/km
30.	228	00:01:16	01:01:16	149m	8'30"/km
31.	120	00:00:34	01:01:50	130m	4'22"/km