



2 Jours du Hainaut - Longue distance

Baudour 17.2.2024

C.O. Militaire Belge

Marc PARISOT

0207HF VO

Circuit : H:Noir Moyen

Distance : 7600m

Temps : 1:58:22 (15'34"/km)

7/8

O.K.

[Résultats complets sur Webres](#)

1. Serge DUSZA	1:09:38
2. Olivier DE SMUL	1:15:14
3. Ronald SOMERS	1:21:48

1.	166	00:04:12		420m	10'00"/km
2.	180	00:10:25	00:14:37	310m	33'36"/km
3.	179	00:03:55	00:18:32	320m	12'14"/km
4.	169	00:02:27	00:20:59	150m	16'20"/km
5.	212	00:01:49	00:22:48	110m	16'31"/km
6.	201	00:01:22	00:24:10	130m	10'31"/km
7.	172	00:04:38	00:28:48	440m	10'32"/km
8.	174	00:02:08	00:30:56	130m	16'25"/km
9.	176	00:04:14	00:35:10	450m	9'24"/km
10.	175	00:01:40	00:36:50	160m	10'25"/km
11.	184	00:07:05	00:43:55	450m	15'44"/km
12.	191	00:03:31	00:47:26	130m	27'03"/km
13.	197	00:03:13	00:50:39	160m	20'06"/km
14.	187	00:02:22	00:53:01	260m	9'06"/km
15.	205	00:04:40	00:57:41	480m	9'43"/km
16.	206	00:03:15	01:00:56	290m	11'12"/km
17.	207	00:02:13	01:03:09	160m	13'51"/km
18.	195	00:18:58	01:22:07	300m	63'13"/km
19.	208	00:01:46	01:23:53	150m	11'47"/km
20.	209	00:02:24	01:26:17	150m	16'00"/km
21.	190	00:03:50	01:30:07	290m	13'13"/km
22.	189	00:05:41	01:35:48	540m	10'31"/km
23.	183	00:03:03	01:38:51	340m	8'58"/km
24.	171	00:02:30	01:41:21	140m	17'51"/km
25.	213	00:04:10	01:45:31	270m	15'26"/km
26.	199	00:01:05	01:46:36	100m	10'50"/km
27.	202	00:02:05	01:48:41	140m	14'53"/km
28.	194	00:05:29	01:54:10	120m	45'42"/km
29.	255	00:04:01	01:58:11	430m	9'20"/km
30.	999	00:00:11	01:58:22	50m	3'40"/km