



2 Jours du Hainaut - Longue distance

Baudour 17.2.2024

C.O. Militaire Belge

Pawel PRUSKOWSKI

K.O.L.

Course : H:Noir Long

Distance : 8400m

Time : 1:48:48 (12'57"/km)

14/17

O.K.

[Full result on Webres](#)

1. Giacomo Schmidt FRATTARI	0:51:25
2. Pierre QUINIET	0:59:40
3. Bert MARIEN	1:04:22

1.	167	00:03:29		390m	8'56"/km
2.	211	00:03:43	00:07:12	400m	9'17"/km
3.	179	00:02:07	00:09:19	230m	9'12"/km
4.	192	00:04:47	00:14:06	180m	26'34"/km
5.	172	00:04:46	00:18:52	440m	10'50"/km
6.	204	00:01:25	00:20:17	100m	14'10"/km
7.	174	00:01:51	00:22:08	100m	18'30"/km
8.	176	00:04:09	00:26:17	450m	9'13"/km
9.	170	00:06:10	00:32:27	280m	22'01"/km
10.	178	00:01:06	00:33:33	80m	13'45"/km
11.	175	00:02:52	00:36:25	190m	15'05"/km
12.	184	00:09:22	00:45:47	450m	20'49"/km
13.	191	00:02:09	00:47:56	130m	16'32"/km
14.	197	00:02:19	00:50:15	160m	14'29"/km
15.	186	00:02:51	00:53:06	240m	11'53"/km
16.	187	00:01:01	00:54:07	110m	9'15"/km
17.	205	00:04:05	00:58:12	480m	8'30"/km
18.	210	00:01:15	00:59:27	140m	8'56"/km
19.	206	00:01:37	01:01:04	150m	10'47"/km
20.	207	00:01:30	01:02:34	160m	9'23"/km
21.	195	00:03:55	01:06:29	300m	13'03"/km
22.	208	00:03:38	01:10:07	150m	24'13"/km
23.	193	00:05:10	01:15:17	330m	15'39"/km
24.	183	00:06:38	01:21:55	980m	6'46"/km
25.	171	00:01:31	01:23:26	140m	10'50"/km
26.	200	00:02:41	01:26:07	160m	16'46"/km
27.	203	00:01:42	01:27:49	150m	11'20"/km
28.	201	00:03:44	01:31:33	170m	21'58"/km
29.	169	00:01:21	01:32:54	130m	10'23"/km
30.	199	00:02:34	01:35:28	170m	15'06"/km
31.	202	00:02:19	01:37:47	140m	16'33"/km
32.	194	00:02:00	01:39:47	120m	16'40"/km
33.	180	00:03:50	01:43:37	260m	14'45"/km
34.	255	00:04:52	01:48:29	320m	15'12"/km
35.	999	00:00:19	01:48:48	50m	6'20"/km