



Régionale 5 couleurs

Champlon 11.2.2024

Balise 10

Poi GILLET

Pégase CO

Circuit : H:Noir Moyen

Distance : 5200m (Dénivelé 160m)

Temps : 1:18:06 (15'01"/km)

33/36

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------------|---------|
| 1. Rudy ROOMAN | 0:39:14 |
| 2. Jean-Manuel VERPOORTEN | 0:39:34 |
| 3. Thomas JANSEN | 0:40:22 |

1.	159	00:03:53		259m	15'00"/km
2.	148	00:05:22	00:09:15	252m	21'18"/km
3.	115	00:15:34	00:24:49	1267m	12'17"/km
4.	144	00:16:44	00:41:33	587m	28'30"/km
5.	157	00:03:15	00:44:48	262m	12'24"/km
6.	112	00:06:53	00:51:41	577m	11'56"/km
7.	161	00:04:04	00:55:45	299m	13'36"/km
8.	154	00:02:25	00:58:10	187m	12'55"/km
9.	160	00:06:58	01:05:08	364m	19'08"/km
10.	158	00:03:33	01:08:41	274m	12'57"/km
11.	132	00:04:17	01:12:58	333m	12'52"/km
12.	165	00:04:20	01:17:18	383m	11'19"/km
13.	999	00:00:48	01:18:06	138m	5'48"/km

HELGA

Orienteering Software