



Régionale 5 couleurs

Champlon 11.2.2024

Balise 10

Frédéric PICARD

CO Liège

Circuit : H:Noir Moyen

Distance : 5200m (Dénivelé 160m)

Temps : 1:01:08 (11'45"/km)

21/36

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------------|---------|
| 1. Rudy ROOMAN | 0:39:14 |
| 2. Jean-Manuel VERPOORTEN | 0:39:34 |
| 3. Thomas JANSEN | 0:40:22 |

1.	159	00:03:27		259m	13'19"/km
2.	148	00:02:13	00:05:40	252m	8'48"/km
3.	115	00:12:40	00:18:20	1267m	10'00"/km
4.	144	00:15:23	00:33:43	587m	26'12"/km
5.	157	00:03:02	00:36:45	262m	11'35"/km
6.	112	00:04:58	00:41:43	577m	8'36"/km
7.	161	00:02:15	00:43:58	299m	7'32"/km
8.	154	00:01:30	00:45:28	187m	8'01"/km
9.	160	00:04:49	00:50:17	364m	13'14"/km
10.	158	00:02:27	00:52:44	274m	8'56"/km
11.	132	00:03:18	00:56:02	333m	9'55"/km
12.	165	00:04:22	01:00:24	383m	11'24"/km
13.	999	00:00:44	01:01:08	138m	5'19"/km

HELGA

Orienteering Software