



Régionale 5 couleurs

Champion 11.2.2024

Balise 10

Guillaume HERMAN

ThOR

Circuit : H:Noir Moyen

Distance : 5200m (Dénivelé 160m)

Temps : 0:54:06 (10'24"/km)

13/36

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------------|---------|
| 1. Rudy ROOMAN | 0:39:14 |
| 2. Jean-Manuel VERPOORTEN | 0:39:34 |
| 3. Thomas JANSEN | 0:40:22 |

1.	159	00:03:13		259m	12'25"/km
2.	148	00:02:19	00:05:32	252m	9'12"/km
3.	115	00:11:32	00:17:04	1267m	9'06"/km
4.	144	00:05:55	00:22:59	587m	10'05"/km
5.	157	00:02:27	00:25:26	262m	9'21"/km
6.	112	00:04:28	00:29:54	577m	7'44"/km
7.	161	00:02:52	00:32:46	299m	9'35"/km
8.	154	00:01:47	00:34:33	187m	9'32"/km
9.	160	00:05:31	00:40:04	364m	15'09"/km
10.	158	00:02:15	00:42:19	274m	8'13"/km
11.	132	00:04:31	00:46:50	333m	13'34"/km
12.	165	00:06:34	00:53:24	383m	17'09"/km
13.	999	00:00:42	00:54:06	138m	5'04"/km

HELGA

Orienteering Software