



Régionale 5 couleurs

Champion 11.2.2024

Balise 10

Thomas JANSEN

Omega

Circuit : H:Noir Moyen

Distance : 5200m (Dénivelé 160m)

Temps : 0:40:22 (7'46"/km)

3/36

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------------|---------|
| 1. Rudy ROOMAN | 0:39:14 |
| 2. Jean-Manuel VERPOORTEN | 0:39:34 |

1.	159	00:02:30		259m	9'39"/km
2.	148	00:01:36	00:04:06	252m	6'21"/km
3.	115	00:10:23	00:14:29	1267m	8'12"/km
4.	144	00:05:38	00:20:07	587m	9'36"/km
5.	157	00:01:51	00:21:58	262m	7'04"/km
6.	112	00:03:55	00:25:53	577m	6'47"/km
7.	161	00:02:02	00:27:55	299m	6'48"/km
8.	154	00:01:17	00:29:12	187m	6'52"/km
9.	160	00:03:29	00:32:41	364m	9'34"/km
10.	158	00:02:08	00:34:49	274m	7'47"/km
11.	132	00:02:32	00:37:21	333m	7'36"/km
12.	165	00:02:26	00:39:47	383m	6'21"/km
13.	999	00:00:35	00:40:22	138m	4'14"/km

HELGA

Orienteering Software