



Valentijn - Forest cup
KEIHEUVEL - BALEN 11.2.2024
K.O.L.

Frank VAN ROOST

Omega

Omloop : H:05

Afstand : 3420m

Tijd : 0:37:47 (11'03"/km)

3/22

O.K.

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- | | |
|---------------------|---------|
| 1. Rudy CANTRE | 0:34:13 |
| 2. Alfons BAKELANTS | 0:36:04 |

1.	41	00:02:40		264m	10'06"/km
2.	43	00:01:34	00:04:14	136m	11'31"/km
3.	45	00:02:24	00:06:38	179m	13'24"/km
4.	48	00:04:10	00:10:48	308m	13'32"/km
5.	53	00:02:19	00:13:07	207m	11'11"/km
6.	56	00:03:57	00:17:04	428m	9'14"/km
7.	55	00:01:47	00:18:51	183m	9'45"/km
8.	51	00:04:07	00:22:58	416m	9'54"/km
9.	50	00:02:02	00:25:00	194m	10'29"/km
10.	44	00:03:00	00:28:00	267m	11'14"/km
11.	39	00:02:51	00:30:51	253m	11'16"/km
12.	37	00:02:05	00:32:56	96m	21'42"/km
13.	34	00:01:50	00:34:46	107m	17'08"/km
14.	200	00:02:10	00:36:56	268m	8'05"/km
15.	999	00:00:51	00:37:47	114m	7'27"/km

Orienteering Software