



# Valentijn - Forest cup

## KEIHEUVEL - BALEN 11.2.2024

### K.O.L.

**Kris GEETS**

hamok

Omloop : H:02

Afstand : 7290m

Tijd : 1:09:04 (9'28"/km)

**30/41**

O.K.

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- |                    |         |
|--------------------|---------|
| 1. Olivier DE SMUL | 0:45:13 |
| 2. Roland VAN LOON | 0:47:13 |
| 3. Bob DE CLEENE   | 0:47:47 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 35  | 00:03:19 |          | 374m | 8'52"/km  |
| 2.  | 36  | 00:01:38 | 00:04:57 | 102m | 16'01"/km |
| 3.  | 38  | 00:02:03 | 00:07:00 | 176m | 11'39"/km |
| 4.  | 45  | 00:02:52 | 00:09:52 | 403m | 7'07"/km  |
| 5.  | 49  | 00:03:33 | 00:13:25 | 346m | 10'16"/km |
| 6.  | 53  | 00:03:44 | 00:17:09 | 245m | 15'14"/km |
| 7.  | 57  | 00:03:31 | 00:20:40 | 488m | 7'12"/km  |
| 8.  | 62  | 00:09:22 | 00:30:02 | 333m | 28'08"/km |
| 9.  | 63  | 00:03:18 | 00:33:20 | 216m | 15'17"/km |
| 10. | 64  | 00:04:48 | 00:38:08 | 839m | 5'43"/km  |
| 11. | 65  | 00:01:46 | 00:39:54 | 295m | 5'59"/km  |
| 12. | 66  | 00:02:41 | 00:42:35 | 323m | 8'18"/km  |
| 13. | 221 | 00:03:01 | 00:45:36 | 354m | 8'31"/km  |
| 14. | 223 | 00:03:26 | 00:49:02 | 427m | 8'02"/km  |
| 15. | 226 | 00:05:15 | 00:54:17 | 708m | 7'25"/km  |
| 16. | 228 | 00:02:35 | 00:56:52 | 381m | 6'47"/km  |
| 17. | 230 | 00:02:32 | 00:59:24 | 218m | 11'37"/km |
| 18. | 232 | 00:01:10 | 01:00:34 | 83m  | 14'03"/km |
| 19. | 234 | 00:04:23 | 01:04:57 | 407m | 10'46"/km |
| 20. | 235 | 00:00:47 | 01:05:44 | 99m  | 7'55"/km  |
| 21. | 238 | 00:01:44 | 01:07:28 | 243m | 7'08"/km  |
| 22. | 200 | 00:00:47 | 01:08:15 | 120m | 6'32"/km  |
| 23. | 999 | 00:00:49 | 01:09:04 | 114m | 7'10"/km  |

Orienteering Software