



Militair Regelmatigheidscriterium

Tilff 6.2.2024

CC R&A

Nathan GHYSELS

Md Bn 1/3 L

Omloop : H:06

Afstand : 5000m

Tijd : 1:58:58 (23'48"/km)

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O.K.

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- | | |
|---------------------------|---------|
| 1. Jean-Manuel VERPOORTEN | 0:46:26 |
| 2. Marc ARNARDI | 1:02:52 |
| 3. Jonas SCHLECHTWEG | 1:09:26 |

1.	155	00:02:05		83m	25'06"/km
2.	160	00:03:35	00:05:40	136m	26'21"/km
3.	178	00:04:14	00:09:54	245m	17'17"/km
4.	179	00:00:00	00:09:54	129m	0'00"/km
5.	164	00:01:47	00:11:41	112m	15'55"/km
6.	154	00:27:19	00:39:00	570m	47'55"/km
7.	153	00:06:20	00:45:20	284m	22'18"/km
8.	152	00:08:40	00:54:00	341m	25'25"/km
9.	151	00:03:08	00:57:08	163m	19'13"/km
10.	150	00:03:47	01:00:55	329m	11'30"/km
11.	149	00:05:06	01:06:01	412m	12'23"/km
12.	170	00:01:40	01:07:41	78m	21'22"/km
13.	148	00:06:23	01:14:04	474m	13'28"/km
14.	147	00:07:23	01:21:27	165m	44'45"/km
15.	146	00:11:53	01:33:20	279m	42'36"/km
16.	145	00:07:55	01:41:15	268m	29'32"/km
17.	173	00:09:33	01:50:48	242m	39'28"/km
18.	110	00:04:43	01:55:31	387m	12'11"/km
19.	180	00:03:27	01:58:58	313m	11'01"/km

Orienteering Software