



Militair Regelmatigheidscriterium

Tilff 6.2.2024

CC R&A

Thomas BERTELS

ACOS IS

Course : H:01

Distance : 8200m

Time : 2:43:14 (19'54"/km)

38/54

O.K.

[Full result on Webres](#)

1. Geert SIMKENS	0:55:24
2. Tomy JANSSENS	1:01:26
3. Jasper MOREELS	1:05:31

1.	163	00:03:20		281m	11'52"/km
2.	101	00:04:20	00:07:40	206m	21'02"/km
3.	112	00:02:02	00:09:42	158m	12'52"/km
4.	113	00:04:25	00:14:07	140m	31'33"/km
5.	178	00:01:38	00:15:45	148m	11'02"/km
6.	179	00:00:00	00:15:45	129m	0'00"/km
7.	143	00:04:17	00:20:02	405m	10'35"/km
8.	154	00:12:27	00:32:29	279m	44'37"/km
9.	173	00:10:11	00:42:40	341m	29'52"/km
10.	114	00:07:03	00:49:43	210m	33'34"/km
11.	115	00:03:33	00:53:16	164m	21'39"/km
12.	129	00:08:59	01:02:15	358m	25'06"/km
13.	146	00:03:41	01:05:56	140m	26'19"/km
14.	131	00:08:02	01:13:58	431m	18'38"/km
15.	116	00:09:08	01:23:06	506m	18'03"/km
16.	117	00:02:35	01:25:41	213m	12'08"/km
17.	171	00:03:21	01:29:02	223m	15'01"/km
18.	118	00:03:12	01:32:14	276m	11'36"/km
19.	149	00:03:11	01:35:25	136m	23'24"/km
20.	147	00:07:36	01:43:01	475m	16'00"/km
21.	148	00:12:16	01:55:17	165m	74'21"/km
22.	134	00:03:24	01:58:41	202m	16'50"/km
23.	120	00:04:51	02:03:32	261m	18'35"/km
24.	150	00:05:07	02:08:39	226m	22'38"/km
25.	121	00:05:36	02:14:15	229m	24'27"/km
26.	137	00:04:25	02:18:40	388m	11'23"/km
27.	152	00:04:52	02:23:32	297m	16'23"/km
28.	139	00:09:24	02:32:56	287m	32'45"/km
29.	144	00:07:15	02:40:11	463m	15'40"/km
30.	110	00:01:32	02:41:43	127m	12'04"/km
31.	180	00:01:31	02:43:14	313m	4'51"/km