



Militair Regelmatigheidscriterium

Tilff 6.2.2024

CC R&A

Tomy JANSSENS

TrgC Para

Omloop : H:01

Afstand : 8200m

Tijd : 1:01:26 (7'30"/km)

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O.K.

[Volledige uitslagen op Webres](#)

1. Geert SIMKENS 0:55:24
3. Jasper MOREELS 1:05:31

1.	163	00:01:45		281m	6'14"/km
2.	101	00:01:51	00:03:36	206m	8'59"/km
3.	112	00:01:14	00:04:50	158m	7'48"/km
4.	113	00:01:39	00:06:29	140m	11'47"/km
5.	178	00:00:56	00:07:25	148m	6'18"/km
6.	179	00:00:00	00:07:25	129m	0'00"/km
7.	143	00:02:42	00:10:07	405m	6'40"/km
8.	154	00:03:12	00:13:19	279m	11'28"/km
9.	173	00:02:23	00:15:42	341m	6'59"/km
10.	114	00:01:51	00:17:33	210m	8'49"/km
11.	115	00:01:57	00:19:30	164m	11'53"/km
12.	129	00:03:32	00:23:02	358m	9'52"/km
13.	146	00:02:25	00:25:27	140m	17'16"/km
14.	131	00:03:20	00:28:47	431m	7'44"/km
15.	116	00:03:13	00:32:00	506m	6'21"/km
16.	117	00:01:51	00:33:51	213m	8'41"/km
17.	171	00:01:41	00:35:32	223m	7'33"/km
18.	118	00:01:49	00:37:21	276m	6'35"/km
19.	149	00:01:07	00:38:28	136m	8'13"/km
20.	147	00:03:15	00:41:43	475m	6'51"/km
21.	148	00:01:31	00:43:14	165m	9'12"/km
22.	134	00:01:23	00:44:37	202m	6'51"/km
23.	120	00:01:46	00:46:23	261m	6'46"/km
24.	150	00:01:18	00:47:41	226m	5'45"/km
25.	121	00:01:20	00:49:01	229m	5'49"/km
26.	137	00:02:20	00:51:21	388m	6'01"/km
27.	152	00:02:14	00:53:35	297m	7'31"/km
28.	139	00:02:05	00:55:40	287m	7'16"/km
29.	144	00:03:45	00:59:25	463m	8'06"/km
30.	110	00:00:52	01:00:17	127m	6'49"/km
31.	180	00:01:09	01:01:26	313m	3'40"/km