



Regionale Merodes Bossen & Kruiskensberg 4.2.2024 TROL

Remco HEREIJGERS

Antwerp Orienteers

Omloop : H:Zwart XL

Afstand : 11380m

Tijd : 1:32:20 (8'07"/km)

5/15

O.K.

[Volledige uitslagen op Webres](#)

1. Nico CEUNEN	1:17:44
2. Evert LEEUWS	1:19:38
3. Lennert LENS	1:20:14

1.	61	00:03:44		
2.	75	00:01:49	00:05:33	
3.	33	00:00:47	00:06:20	118m 6'38"/km
4.	31	00:04:41	00:11:01	281m 16'40"/km
5.	59	00:00:59	00:12:00	119m 8'16"/km
6.	51	00:12:13	00:24:13	2046m 5'58"/km
7.	52	00:05:36	00:29:49	802m 6'59"/km
8.	69	00:05:26	00:35:15	370m 14'41"/km
9.	70	00:03:41	00:38:56	478m 7'42"/km
10.	71	00:03:37	00:42:33	335m 10'48"/km
11.	53	00:05:08	00:47:41	435m 11'48"/km
12.	72	00:03:51	00:51:32	565m 6'49"/km
13.	54	00:04:40	00:56:12	580m 8'03"/km
14.	63	00:01:22	00:57:34	174m 7'51"/km
15.	46	00:01:13	00:58:47	158m 7'42"/km
16.	55	00:00:29	00:59:16	79m 6'07"/km
17.	57	00:01:08	01:00:24	140m 8'06"/km
18.	41	00:08:12	01:08:36	825m 9'56"/km
19.	38	00:02:57	01:11:33	410m 7'12"/km
20.	43	00:01:15	01:12:48	114m 10'58"/km
21.	47	00:01:31	01:14:19	210m 7'13"/km
22.	40	00:02:29	01:16:48	375m 6'37"/km
23.	42	00:02:44	01:19:32	323m 8'28"/km
24.	44	00:01:45	01:21:17	275m 6'22"/km
25.	45	00:02:00	01:23:17	306m 6'32"/km
26.	62	00:01:09	01:24:26	170m 6'46"/km
27.	67	00:01:48	01:26:14	174m 10'21"/km
28.	34	00:03:21	01:29:35	521m 6'26"/km
29.	50	00:00:56	01:30:31	90m 10'22"/km
30.	999	00:01:49	01:32:20	226m 8'02"/km