



OL Zypendaal-Sonsbeek

Arnhem 28.1.2024

argus

Tessa ELFRINK

MINOR

Omloop : 8 KM

Afstand : 7690m

Tijd : 1:08:27 (8'54"/km)

12/27

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|----------------------|---------|
| 1. Roelof POSTHOUWER | 0:49:29 |
| 2. Maarten DE VRIES | 0:51:26 |
| 3. Jeroen LIEFRINK | 0:52:05 |

1.	67	00:03:33		381m	9'19"/km
2.	32	00:02:29	00:06:02	228m	10'54"/km
3.	33	00:00:45	00:06:47	97m	7'44"/km
4.	34	00:02:06	00:08:53	241m	8'43"/km
5.	35	00:02:49	00:11:42	205m	13'44"/km
6.	36	00:02:06	00:13:48	296m	7'06"/km
7.	38	00:02:46	00:16:34	302m	9'10"/km
8.	40	00:02:05	00:18:39	207m	10'04"/km
9.	44	00:02:29	00:21:08	326m	7'37"/km
10.	43	00:02:00	00:23:08	266m	7'31"/km
11.	41	00:02:03	00:25:11	116m	17'40"/km
12.	37	00:03:21	00:28:32	352m	9'31"/km
13.	45	00:02:04	00:30:36	256m	8'04"/km
14.	39	00:01:32	00:32:08	195m	7'52"/km
15.	46	00:03:36	00:35:44	436m	8'15"/km
16.	47	00:02:47	00:38:31	304m	9'09"/km
17.	48	00:02:16	00:40:47	257m	8'49"/km
18.	54	00:01:25	00:42:12	223m	6'21"/km
19.	49	00:01:06	00:43:18	189m	5'49"/km
20.	57	00:02:26	00:45:44	284m	8'34"/km
21.	51	00:02:21	00:48:05	333m	7'03"/km
22.	52	00:02:15	00:50:20	322m	6'59"/km
23.	50	00:02:22	00:52:42	259m	9'08"/km
24.	55	00:03:24	00:56:06	345m	9'51"/km
25.	62	00:05:44	01:01:50	609m	9'25"/km
26.	60	00:02:02	01:03:52	186m	10'56"/km
27.	59	00:03:01	01:06:53	287m	10'31"/km
28.	999	00:01:34	01:08:27	188m	8'20"/km

Orienteering Software