FRSO

Selection - Long Distance
Herbeumont 11.4.2021
F.R.S.O.

Antoine MATTART
FRSO HN JWOC
Course : H18-20
Distance : 9000m (Climbing 435m)
Time : 1:05:38 (7'17"/km)

1/15 O.K.

Full result on Webres

2. Liam THIELS 1:10:17
3. Cédric AMERIJCKX 1:12:52

1.	133	00:02:03		183m	11'12"/km
2.	142	00:10:57	*00:13:00*	1641m	6'40"/km
3.	143	00:03:33	*00:16:33*	234m	15'10"/km
4.	144	00:00:00	*00:16:33*	235m	0'00"/km
5.	145	00:03:00	*00:19:33*	467m	6'25"/km
6.	146	00:02:53	*00:22:26*	402m	7'10"/km
7.	132	00:03:56	*00:26:22*	130m	30'15"/km
8.	148	00:07:14	*00:33:36*	773m	9'21"/km
9.	130	00:01:56	*00:35:32*	288m	6'43"/km
10.	149	00:04:42	*00:40:14*	754m	6'14"/km
11.	153	00:03:03	*00:43:17*	466m	6'33"/km
12.	152	00:01:56	*00:45:13*	241m	8'01"/km
13.	162	00:08:23	*00:53:36*	1005m	8'20"/km
14.	161	00:02:28	*00:56:04*	327m	7'33"/km
15.	157	00:01:49	*00:57:53*	408m	4'27"/km
16.	131	00:01:12	*00:59:05*	264m	4'33"/km
17.	158	00:02:08	*01:01:13*	383m	5'34"/km
18.	164	00:04:28	*01:05:41*	599m	7'27"/km
19.	165	00:00:32	*01:06:13*	129m	4'08"/km
20.	999	00:00:09	*01:06:22*	81m	1'51"/km

Orienteering Software

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