



Regionale 5 couleurs Groenendaal

Groenendaal 21.1.2024

Altair Orientation

Yves DE MITS

TROL

Circuit : H:Noir Long

Distance : 7830m

Temps : 1:34:54 (12'07"/km)

33/41

O.K.

[Résultats complets sur Webres](#)

- | | |
|-------------------------|---------|
| 1. Louis HALTZ | 0:55:32 |
| 2. Jean-Baptiste COLOMB | 0:59:51 |
| 3. Johannes HEINSOO | 1:01:25 |

1.	166	00:01:05		213m	5'05"/km
2.	180	00:05:43	00:06:48	499m	11'27"/km
3.	216	00:02:23	00:09:11	202m	11'48"/km
4.	181	00:02:20	00:11:31	90m	25'56"/km
5.	182	00:05:28	00:16:59	443m	12'20"/km
6.	183	00:01:57	00:18:56	216m	9'02"/km
7.	184	00:03:46	00:22:42	338m	11'09"/km
8.	190	00:01:41	00:24:23	179m	9'24"/km
9.	189	00:06:44	00:31:07	196m	34'21"/km
10.	188	00:02:27	00:33:34	203m	12'04"/km
11.	185	00:02:38	00:36:12	228m	11'33"/km
12.	186	00:02:16	00:38:28	266m	8'31"/km
13.	187	00:05:21	00:43:49	446m	12'00"/km
14.	198	00:04:40	00:48:29	463m	10'05"/km
15.	192	00:02:19	00:50:48	277m	8'22"/km
16.	193	00:01:52	00:52:40	187m	9'59"/km
17.	194	00:01:37	00:54:17	152m	10'38"/km
18.	197	00:07:13	01:01:30	373m	19'21"/km
19.	200	00:02:11	01:03:41	245m	8'55"/km
20.	202	00:02:47	01:06:28	281m	9'54"/km
21.	201	00:01:49	01:08:17	165m	11'01"/km
22.	203	00:01:48	01:10:05	209m	8'37"/km
23.	204	00:03:18	01:13:23	197m	16'45"/km
24.	205	00:03:10	01:16:33	294m	10'46"/km
25.	196	00:06:16	01:22:49	239m	26'13"/km
26.	195	00:01:32	01:24:21	187m	8'12"/km
27.	172	00:02:12	01:26:33	206m	10'41"/km
28.	175	00:02:42	01:29:15	226m	11'57"/km
29.	206	00:01:15	01:30:30	145m	8'37"/km
30.	255	00:03:50	01:34:20	369m	10'23"/km
31.	999	00:00:34	01:34:54	95m	5'58"/km