



Regionale 5 couleurs Groenendaal

Groenendaal 21.1.2024

Altaïr Orientation

Dieter COEN

TROL

Circuit : H:Noir Long

Distance : 7830m

Temps : 1:32:30 (11'49"/km)

30/41

O.K.

[Résultats complets sur Webres](#)

- | | |
|-------------------------|---------|
| 1. Louis HALTZ | 0:55:32 |
| 2. Jean-Baptiste COLOMB | 0:59:51 |
| 3. Johannes HEINSOO | 1:01:25 |

1.	180	00:06:27		711m	9'04"/km
2.	216	00:02:20	00:08:47	202m	11'33"/km
3.	181	00:03:18	00:12:05	90m	36'40"/km
4.	182	00:04:31	00:16:36	443m	10'12"/km
5.	183	00:03:45	00:20:21	216m	17'22"/km
6.	184	00:03:35	00:23:56	338m	10'36"/km
7.	190	00:02:47	00:26:43	179m	15'33"/km
8.	189	00:01:44	00:28:27	196m	8'51"/km
9.	188	00:02:14	00:30:41	203m	11'00"/km
10.	185	00:03:45	00:34:26	228m	16'27"/km
11.	186	00:03:02	00:37:28	266m	11'24"/km
12.	187	00:05:13	00:42:41	446m	11'42"/km
13.	198	00:05:52	00:48:33	463m	12'40"/km
14.	192	00:02:33	00:51:06	277m	9'12"/km
15.	193	00:02:16	00:53:22	187m	12'07"/km
16.	194	00:01:51	00:55:13	152m	12'10"/km
17.	197	00:03:29	00:58:42	373m	9'20"/km
18.	200	00:02:41	01:01:23	245m	10'57"/km
19.	202	00:04:06	01:05:29	281m	14'35"/km
20.	201	00:02:11	01:07:40	165m	13'14"/km
21.	203	00:02:38	01:10:18	209m	12'36"/km
22.	204	00:02:59	01:13:17	197m	15'09"/km
23.	205	00:02:50	01:16:07	294m	9'38"/km
24.	196	00:03:02	01:19:09	239m	12'42"/km
25.	195	00:01:50	01:20:59	187m	9'48"/km
26.	172	00:01:56	01:22:55	206m	9'23"/km
27.	175	00:03:27	01:26:22	226m	15'16"/km
28.	206	00:01:44	01:28:06	145m	11'57"/km
29.	255	00:03:47	01:31:53	369m	10'15"/km
30.	999	00:00:37	01:32:30	95m	6'29"/km