



# Regionale 5 couleurs Groenendaal

## Groenendaal 21.1.2024

### Altair Orientation

**Louis SIMOEN**

TROL

Circuit : H:Noir Long

Distance : 7830m

Temps : 1:16:27 (9'46"/km)

**19/41**

O.K.

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- |                         |         |
|-------------------------|---------|
| 1. Louis HALTZ          | 0:55:32 |
| 2. Jean-Baptiste COLOMB | 0:59:51 |
| 3. Johannes HEINSOO     | 1:01:25 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 180 | 00:05:20 |          | 711m | 7'30"/km  |
| 2.  | 216 | 00:02:40 | 00:08:00 | 202m | 13'12"/km |
| 3.  | 181 | 00:00:46 | 00:08:46 | 90m  | 8'31"/km  |
| 4.  | 182 | 00:04:01 | 00:12:47 | 443m | 9'04"/km  |
| 5.  | 183 | 00:01:51 | 00:14:38 | 216m | 8'34"/km  |
| 6.  | 184 | 00:04:12 | 00:18:50 | 338m | 12'26"/km |
| 7.  | 190 | 00:01:26 | 00:20:16 | 179m | 8'00"/km  |
| 8.  | 189 | 00:05:52 | 00:26:08 | 196m | 29'56"/km |
| 9.  | 188 | 00:01:55 | 00:28:03 | 203m | 9'27"/km  |
| 10. | 185 | 00:02:05 | 00:30:08 | 228m | 9'08"/km  |
| 11. | 186 | 00:02:06 | 00:32:14 | 266m | 7'54"/km  |
| 12. | 187 | 00:04:08 | 00:36:22 | 446m | 9'16"/km  |
| 13. | 198 | 00:04:35 | 00:40:57 | 463m | 9'54"/km  |
| 14. | 192 | 00:02:13 | 00:43:10 | 277m | 8'00"/km  |
| 15. | 193 | 00:01:51 | 00:45:01 | 187m | 9'54"/km  |
| 16. | 194 | 00:01:24 | 00:46:25 | 152m | 9'13"/km  |
| 17. | 197 | 00:02:51 | 00:49:16 | 373m | 7'38"/km  |
| 18. | 200 | 00:01:49 | 00:51:05 | 245m | 7'25"/km  |
| 19. | 202 | 00:02:06 | 00:53:11 | 281m | 7'28"/km  |
| 20. | 201 | 00:01:42 | 00:54:53 | 165m | 10'18"/km |
| 21. | 203 | 00:01:45 | 00:56:38 | 209m | 8'22"/km  |
| 22. | 204 | 00:02:43 | 00:59:21 | 197m | 13'47"/km |
| 23. | 205 | 00:02:32 | 01:01:53 | 294m | 8'37"/km  |
| 24. | 196 | 00:03:14 | 01:05:07 | 239m | 13'32"/km |
| 25. | 195 | 00:01:29 | 01:06:36 | 187m | 7'56"/km  |
| 26. | 172 | 00:02:28 | 01:09:04 | 206m | 11'58"/km |
| 27. | 175 | 00:02:37 | 01:11:41 | 226m | 11'35"/km |
| 28. | 206 | 00:01:16 | 01:12:57 | 145m | 8'44"/km  |
| 29. | 255 | 00:02:58 | 01:15:55 | 369m | 8'02"/km  |
| 30. | 999 | 00:00:32 | 01:16:27 | 95m  | 5'37"/km  |