



Regionale 5 couleurs Groenendaal

Groenendaal 21.1.2024

Altair Orientation

Marcin GACZYNSKI

Indiv.

Circuit : H:Noir Long

Distance : 7830m

Temps : 1:15:17 (9'37"/km)

18/41

O.K.

[Résultats complets sur Webres](#)

- | | |
|-------------------------|---------|
| 1. Louis HALTZ | 0:55:32 |
| 2. Jean-Baptiste COLOMB | 0:59:51 |
| 3. Johannes HEINSOO | 1:01:25 |

1.	180	00:04:48		711m	6'45"/km
2.	216	00:01:34	00:06:22	202m	7'45"/km
3.	181	00:01:37	00:07:59	90m	17'58"/km
4.	182	00:04:09	00:12:08	443m	9'22"/km
5.	183	00:02:03	00:14:11	216m	9'29"/km
6.	184	00:02:58	00:17:09	338m	8'47"/km
7.	190	00:01:29	00:18:38	179m	8'17"/km
8.	189	00:02:36	00:21:14	196m	13'16"/km
9.	188	00:01:40	00:22:54	203m	8'13"/km
10.	185	00:02:13	00:25:07	228m	9'43"/km
11.	186	00:02:28	00:27:35	266m	9'16"/km
12.	187	00:03:58	00:31:33	446m	8'54"/km
13.	198	00:04:22	00:35:55	463m	9'26"/km
14.	192	00:03:27	00:39:22	277m	12'27"/km
15.	193	00:01:38	00:41:00	187m	8'44"/km
16.	194	00:01:28	00:42:28	152m	9'39"/km
17.	197	00:02:46	00:45:14	373m	7'25"/km
18.	200	00:01:48	00:47:02	245m	7'21"/km
19.	202	00:02:53	00:49:55	281m	10'16"/km
20.	201	00:01:39	00:51:34	165m	10'00"/km
21.	203	00:01:58	00:53:32	209m	9'25"/km
22.	204	00:03:00	00:56:32	197m	15'14"/km
23.	205	00:02:04	00:58:36	294m	7'02"/km
24.	196	00:06:05	01:04:41	239m	25'27"/km
25.	195	00:01:21	01:06:02	187m	7'13"/km
26.	172	00:01:37	01:07:39	206m	7'51"/km
27.	175	00:02:05	01:09:44	226m	9'13"/km
28.	206	00:01:48	01:11:32	145m	12'25"/km
29.	255	00:03:15	01:14:47	369m	8'48"/km
30.	999	00:00:30	01:15:17	95m	5'16"/km