



Regionale 5 couleurs Groenendaal

Groenendaal 21.1.2024

Altaïr Orientation

Tamas MACZAK

Altaïr Orientation

Circuit : H:Noir Long

Distance : 7830m

Temps : 1:11:55 (9'11"/km)

15/41

O.K.

[Résultats complets sur Webres](#)

- | | |
|-------------------------|---------|
| 1. Louis HALTZ | 0:55:32 |
| 2. Jean-Baptiste COLOMB | 0:59:51 |
| 3. Johannes HEINSOO | 1:01:25 |

1.	180	00:05:45		711m	8'05"/km
2.	216	00:01:57	00:07:42	202m	9'39"/km
3.	181	00:02:39	00:10:21	90m	29'27"/km
4.	182	00:03:17	00:13:38	443m	7'25"/km
5.	183	00:02:21	00:15:59	216m	10'53"/km
6.	184	00:02:54	00:18:53	338m	8'35"/km
7.	190	00:01:37	00:20:30	179m	9'02"/km
8.	189	00:01:35	00:22:05	196m	8'05"/km
9.	188	00:02:14	00:24:19	203m	11'00"/km
10.	185	00:02:22	00:26:41	228m	10'23"/km
11.	186	00:01:51	00:28:32	266m	6'57"/km
12.	187	00:03:55	00:32:27	446m	8'47"/km
13.	198	00:04:18	00:36:45	463m	9'17"/km
14.	192	00:02:10	00:38:55	277m	7'49"/km
15.	193	00:01:35	00:40:30	187m	8'28"/km
16.	194	00:03:21	00:43:51	152m	22'02"/km
17.	197	00:02:24	00:46:15	373m	6'26"/km
18.	200	00:01:49	00:48:04	245m	7'25"/km
19.	202	00:02:24	00:50:28	281m	8'32"/km
20.	201	00:01:38	00:52:06	165m	9'54"/km
21.	203	00:01:46	00:53:52	209m	8'27"/km
22.	204	00:02:07	00:55:59	197m	10'45"/km
23.	205	00:02:26	00:58:25	294m	8'17"/km
24.	196	00:03:10	01:01:35	239m	13'15"/km
25.	195	00:01:44	01:03:19	187m	9'16"/km
26.	172	00:01:44	01:05:03	206m	8'25"/km
27.	175	00:02:21	01:07:24	226m	10'24"/km
28.	206	00:01:07	01:08:31	145m	7'42"/km
29.	255	00:02:55	01:11:26	369m	7'54"/km
30.	999	00:00:29	01:11:55	95m	5'05"/km