



Regionale 5 couleurs Groenendaal

Groenendaal 21.1.2024

Altair Orientation

Jan DE CLERCK

TROL

Circuit : H:Noir Long

Distance : 7830m

Temps : 1:10:32 (9'00"/km)

13/41

O.K.

[Résultats complets sur Webres](#)

- | | |
|-------------------------|---------|
| 1. Louis HALTZ | 0:55:32 |
| 2. Jean-Baptiste COLOMB | 0:59:51 |
| 3. Johannes HEINSOO | 1:01:25 |

1.	180	00:04:19		711m	6'04"/km
2.	216	00:02:21	00:06:40	202m	11'38"/km
3.	181	00:00:58	00:07:38	90m	10'44"/km
4.	182	00:03:51	00:11:29	443m	8'41"/km
5.	183	00:02:06	00:13:35	216m	9'43"/km
6.	184	00:05:02	00:18:37	338m	14'53"/km
7.	190	00:01:33	00:20:10	179m	8'40"/km
8.	189	00:01:32	00:21:42	196m	7'49"/km
9.	188	00:02:13	00:23:55	203m	10'55"/km
10.	185	00:01:53	00:25:48	228m	8'16"/km
11.	186	00:01:59	00:27:47	266m	7'27"/km
12.	187	00:04:27	00:32:14	446m	9'59"/km
13.	198	00:04:35	00:36:49	463m	9'54"/km
14.	192	00:01:50	00:38:39	277m	6'37"/km
15.	193	00:01:29	00:40:08	187m	7'56"/km
16.	194	00:05:22	00:45:30	152m	35'18"/km
17.	197	00:02:54	00:48:24	373m	7'46"/km
18.	200	00:01:34	00:49:58	245m	6'24"/km
19.	202	00:01:57	00:51:55	281m	6'56"/km
20.	201	00:01:22	00:53:17	165m	8'17"/km
21.	203	00:01:26	00:54:43	209m	6'51"/km
22.	204	00:01:40	00:56:23	197m	8'28"/km
23.	205	00:01:56	00:58:19	294m	6'35"/km
24.	196	00:02:54	01:01:13	239m	12'08"/km
25.	195	00:01:18	01:02:31	187m	6'57"/km
26.	172	00:01:42	01:04:13	206m	8'15"/km
27.	175	00:02:07	01:06:20	226m	9'22"/km
28.	206	00:01:11	01:07:31	145m	8'10"/km
29.	255	00:02:31	01:10:02	369m	6'49"/km
30.	999	00:00:30	01:10:32	95m	5'16"/km