



Regionale 5 couleurs Groenendaal

Groenendaal 21.1.2024

Altair Orientation

Christophe AMERIJKX

ASUB

Circuit : H:Noir Long

Distance : 7830m

Temps : 1:06:30 (8'30"/km)

8/41

O.K.

[Résultats complets sur Webres](#)

- | | |
|-------------------------|---------|
| 1. Louis HALTZ | 0:55:32 |
| 2. Jean-Baptiste COLOMB | 0:59:51 |
| 3. Johannes HEINSOO | 1:01:25 |

1.	180	00:04:48		711m	6'45"/km
2.	216	00:01:27	00:06:15	202m	7'11"/km
3.	181	00:02:12	00:08:27	90m	24'27"/km
4.	182	00:06:06	00:14:33	443m	13'46"/km
5.	183	00:02:02	00:16:35	216m	9'25"/km
6.	184	00:02:49	00:19:24	338m	8'20"/km
7.	190	00:01:41	00:21:05	179m	9'24"/km
8.	189	00:01:14	00:22:19	196m	6'18"/km
9.	188	00:01:27	00:23:46	203m	7'09"/km
10.	185	00:02:05	00:25:51	228m	9'08"/km
11.	186	00:02:14	00:28:05	266m	8'24"/km
12.	187	00:03:28	00:31:33	446m	7'46"/km
13.	198	00:03:54	00:35:27	463m	8'25"/km
14.	192	00:01:46	00:37:13	277m	6'23"/km
15.	193	00:01:34	00:38:47	187m	8'23"/km
16.	194	00:01:12	00:39:59	152m	7'54"/km
17.	197	00:02:28	00:42:27	373m	6'37"/km
18.	200	00:01:37	00:44:04	245m	6'36"/km
19.	202	00:02:08	00:46:12	281m	7'36"/km
20.	201	00:01:35	00:47:47	165m	9'36"/km
21.	203	00:01:42	00:49:29	209m	8'08"/km
22.	204	00:03:23	00:52:52	197m	17'10"/km
23.	205	00:01:51	00:54:43	294m	6'18"/km
24.	196	00:02:54	00:57:37	239m	12'08"/km
25.	195	00:01:15	00:58:52	187m	6'41"/km
26.	172	00:01:23	01:00:15	206m	6'43"/km
27.	175	00:02:11	01:02:26	226m	9'40"/km
28.	206	00:01:04	01:03:30	145m	7'21"/km
29.	255	00:02:36	01:06:06	369m	7'03"/km
30.	999	00:00:24	01:06:30	95m	4'13"/km