



Regionale 5 couleurs Groenendaal

Groenendaal 21.1.2024

Altair Orientation

Stanislaw SOLOWIEJ

Indiv.

Circuit : H:Noir Long

Distance : 7830m

Temps : 1:03:02 (8'03"/km)

5/41

O.K.

[Résultats complets sur Webres](#)

- | | |
|-------------------------|---------|
| 1. Louis HALTZ | 0:55:32 |
| 2. Jean-Baptiste COLOMB | 0:59:51 |
| 3. Johannes HEINSOO | 1:01:25 |

1.	180	00:04:47		711m	6'44"/km
2.	216	00:01:37	00:06:24	202m	8'00"/km
3.	181	00:00:37	00:07:01	90m	6'51"/km
4.	182	00:03:39	00:10:40	443m	8'14"/km
5.	183	00:01:29	00:12:09	216m	6'52"/km
6.	184	00:02:50	00:14:59	338m	8'23"/km
7.	190	00:01:40	00:16:39	179m	9'19"/km
8.	189	00:02:27	00:19:06	196m	12'30"/km
9.	188	00:01:32	00:20:38	203m	7'33"/km
10.	185	00:02:07	00:22:45	228m	9'17"/km
11.	186	00:02:49	00:25:34	266m	10'35"/km
12.	187	00:03:35	00:29:09	446m	8'02"/km
13.	198	00:04:03	00:33:12	463m	8'45"/km
14.	192	00:01:54	00:35:06	277m	6'52"/km
15.	193	00:01:26	00:36:32	187m	7'40"/km
16.	194	00:01:15	00:37:47	152m	8'13"/km
17.	197	00:02:16	00:40:03	373m	6'05"/km
18.	200	00:01:39	00:41:42	245m	6'44"/km
19.	202	00:01:58	00:43:40	281m	7'00"/km
20.	201	00:01:24	00:45:04	165m	8'29"/km
21.	203	00:01:37	00:46:41	209m	7'44"/km
22.	204	00:02:27	00:49:08	197m	12'26"/km
23.	205	00:01:46	00:50:54	294m	6'01"/km
24.	196	00:03:24	00:54:18	239m	14'14"/km
25.	195	00:01:22	00:55:40	187m	7'19"/km
26.	172	00:01:27	00:57:07	206m	7'02"/km
27.	175	00:01:56	00:59:03	226m	8'33"/km
28.	206	00:01:12	01:00:15	145m	8'17"/km
29.	255	00:02:26	01:02:41	369m	6'36"/km
30.	999	00:00:21	01:03:02	95m	3'41"/km