



Regionale 5 couleurs Groenendaal

Groenendaal 21.1.2024

Altair Orientation

Claudia ROOMAN

Antwerp Orienteers

Circuit : D:Noir Long

Distance : 7830m

Temps : 1:29:47 (11'28"/km)

3/4

O.K.

[Résultats complets sur Webres](#)

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|-------------------|---------|
| 1. Agnès MERCIER | 1:24:45 |
| 2. Laurence DRABS | 1:29:45 |

1.	180	00:06:08		711m	8'38"/km
2.	216	00:06:31	00:12:39	202m	32'16"/km
3.	181	00:03:08	00:15:47	90m	34'49"/km
4.	182	00:03:33	00:19:20	443m	8'01"/km
5.	183	00:02:33	00:21:53	216m	11'48"/km
6.	184	00:03:17	00:25:10	338m	9'43"/km
7.	190	00:01:55	00:27:05	179m	10'42"/km
8.	189	00:01:44	00:28:49	196m	8'51"/km
9.	188	00:02:19	00:31:08	203m	11'25"/km
10.	185	00:02:22	00:33:30	228m	10'23"/km
11.	186	00:03:03	00:36:33	266m	11'28"/km
12.	187	00:07:01	00:43:34	446m	15'44"/km
13.	198	00:05:08	00:48:42	463m	11'05"/km
14.	192	00:03:08	00:51:50	277m	11'19"/km
15.	193	00:01:26	00:53:16	187m	7'40"/km
16.	194	00:03:32	00:56:48	152m	23'15"/km
17.	197	00:02:39	00:59:27	373m	7'06"/km
18.	200	00:02:25	01:01:52	245m	9'52"/km
19.	202	00:02:39	01:04:31	281m	9'26"/km
20.	201	00:03:00	01:07:31	165m	18'11"/km
21.	203	00:01:57	01:09:28	209m	9'20"/km
22.	204	00:02:58	01:12:26	197m	15'04"/km
23.	205	00:02:09	01:14:35	294m	7'19"/km
24.	196	00:02:41	01:17:16	239m	11'14"/km
25.	195	00:01:13	01:18:29	187m	6'30"/km
26.	172	00:01:34	01:20:03	206m	7'36"/km
27.	175	00:02:18	01:22:21	226m	10'11"/km
28.	206	00:04:01	01:26:22	145m	27'42"/km
29.	255	00:02:53	01:29:15	369m	7'49"/km
30.	999	00:00:32	01:29:47	95m	5'37"/km