



Regionale Hechtelse duinen

HECHTEL 21.1.2024

K.O.L.

Sofie SWINNEN

Indiv.

Omloop : H:Long Easy

Afstand : 4340m

Tijd : 1:50:49 (25'32"/km)

--/3

O.K.

[Volledige uitslagen op Webres](#)

1.	145	00:16:35		156m	106'18"/km
2.	138	00:05:31	00:22:06	317m	17'24"/km
3.	156	00:09:40	00:31:46	236m	40'58"/km
4.	172	00:03:57	00:35:43	215m	18'22"/km
5.	147	00:03:48	00:39:31	341m	11'09"/km
6.	162	00:06:29	00:46:00	153m	42'22"/km
7.	118	00:02:04	00:48:04	144m	14'21"/km
8.	132	00:03:49	00:51:53	267m	14'18"/km
9.	104	00:21:44	01:13:37	218m	99'42"/km
10.	142	00:04:01	01:17:38	322m	12'28"/km
11.	131	00:02:00	01:19:38	139m	14'23"/km
12.	157	00:02:34	01:22:12	210m	12'13"/km
13.	102	00:06:50	01:29:02	202m	33'50"/km
14.	164	00:08:02	01:37:04	86m	93'25"/km
15.	180	00:03:44	01:40:48	469m	7'58"/km
16.	167	00:03:17	01:44:05	178m	18'27"/km
17.	151	00:01:03	01:45:08	129m	8'08"/km
18.	149	00:03:27	01:48:35	278m	12'25"/km
19.	123	00:01:04	01:49:39	121m	8'49"/km
20.	999	00:01:10	01:50:49	159m	7'20"/km

Orienteering Software