



Regionale Hechtelse duinen

HECHTEL 21.1.2024

K.O.L.

Sonja ROSIUS

Omega

Omloop : D:03

Afstand : 6000m

Tijd : 1:14:16 (12'23"/km)

8/16

O.K.

[Volledige uitslagen op Webres](#)

1. Ems DE SMUL	0:51:06
2. An NUYTS	0:59:41
3. Ellen MOLS	1:00:14

1.	125	00:03:10		304m	10'25"/km
2.	134	00:03:22	00:06:32	165m	20'24"/km
3.	104	00:05:36	00:12:08	620m	9'02"/km
4.	166	00:03:18	00:15:26	253m	13'03"/km
5.	106	00:01:58	00:17:24	123m	15'59"/km
6.	165	00:01:21	00:18:45	119m	11'21"/km
7.	109	00:02:29	00:21:14	242m	10'16"/km
8.	130	00:01:28	00:22:42	137m	10'42"/km
9.	111	00:03:56	00:26:38	423m	9'18"/km
10.	112	00:02:19	00:28:57	155m	14'57"/km
11.	128	00:02:56	00:31:53	237m	12'23"/km
12.	127	00:03:26	00:35:19	365m	9'24"/km
13.	118	00:04:53	00:40:12	567m	8'37"/km
14.	139	00:02:42	00:42:54	213m	12'41"/km
15.	160	00:02:30	00:45:24	185m	13'31"/km
16.	156	00:04:57	00:50:21	525m	9'26"/km
17.	178	00:01:49	00:52:10	127m	14'18"/km
18.	135	00:01:32	00:53:42	64m	23'58"/km
19.	145	00:08:03	01:01:45	377m	21'21"/km
20.	167	00:03:01	01:04:46	212m	14'14"/km
21.	149	00:07:05	01:11:51	313m	22'38"/km
22.	123	00:01:28	01:13:19	121m	12'07"/km
23.	999	00:00:57	01:14:16	159m	5'58"/km

Orienteering Software