



Regionale Hechtelse duinen

HECHTEL 21.1.2024

K.O.L.

Ellen HOUBEN

hamok

Omloop : D:03

Afstand : 6000m

Tijd : 1:11:09 (11'52"/km)

6/16

O.K.

[Volledige uitslagen op Webres](#)

1. Ems DE SMUL	0:51:06
2. An NUYTS	0:59:41
3. Ellen MOLS	1:00:14

1.	125	00:03:19		304m	10'55"/km
2.	134	00:07:18	00:10:37	165m	44'15"/km
3.	104	00:05:13	00:15:50	620m	8'25"/km
4.	166	00:03:04	00:18:54	253m	12'07"/km
5.	106	00:02:17	00:21:11	123m	18'34"/km
6.	165	00:01:37	00:22:48	119m	13'35"/km
7.	109	00:02:10	00:24:58	242m	8'57"/km
8.	130	00:01:02	00:26:00	137m	7'33"/km
9.	111	00:03:27	00:29:27	423m	8'09"/km
10.	112	00:01:55	00:31:22	155m	12'22"/km
11.	128	00:02:35	00:33:57	237m	10'54"/km
12.	127	00:03:12	00:37:09	365m	8'46"/km
13.	118	00:04:14	00:41:23	567m	7'28"/km
14.	139	00:10:04	00:51:27	213m	47'16"/km
15.	160	00:02:04	00:53:31	185m	11'10"/km
16.	156	00:04:00	00:57:31	525m	7'37"/km
17.	178	00:01:30	00:59:01	127m	11'49"/km
18.	135	00:00:55	00:59:56	64m	14'19"/km
19.	145	00:03:40	01:03:36	377m	9'44"/km
20.	167	00:02:32	01:06:08	212m	11'57"/km
21.	149	00:03:17	01:09:25	313m	10'29"/km
22.	123	00:00:57	01:10:22	121m	7'51"/km
23.	999	00:00:47	01:11:09	159m	4'56"/km

Orienteering Software