

Regionale
Hamont 14.1.2024
hamok

Bert VERVECKEN

TROL

Omloop : H:01

Afstand : 8700m

Tijd : 1:19:34 (9'09"/km)

3/6

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-----------------|---------|
| 1. Jeroen HOEKX | 0:55:22 |
| 2. Nico CEUNEN | 0:57:43 |

1.	74	00:03:16		257m	12'43"/km
2.	31	00:01:01	00:04:17	108m	9'25"/km
3.	32	00:03:08	00:07:25	322m	9'44"/km
4.	33	00:02:14	00:09:39	221m	10'06"/km
5.	56	00:02:09	00:11:48	123m	17'29"/km
6.	34	00:01:39	00:13:27	186m	8'52"/km
7.	35	00:01:47	00:15:14	232m	7'41"/km
8.	36	00:06:00	00:21:14	491m	12'13"/km
9.	37	00:01:40	00:22:54	112m	14'53"/km
10.	38	00:01:55	00:24:49	131m	14'38"/km
11.	39	00:04:50	00:29:39	348m	13'53"/km
12.	40	00:02:09	00:31:48	300m	7'10"/km
13.	41	00:01:00	00:32:48	135m	7'24"/km
14.	42	00:01:22	00:34:10	108m	12'39"/km
15.	62	00:02:56	00:37:06	413m	7'06"/km
16.	43	00:02:35	00:39:41	365m	7'05"/km
17.	44	00:02:23	00:42:04	236m	10'06"/km
18.	58	00:00:44	00:42:48	94m	7'48"/km
19.	57	00:01:14	00:44:02	133m	9'16"/km
20.	45	00:02:37	00:46:39	392m	6'41"/km
21.	62	00:03:23	00:50:02	165m	20'30"/km
22.	46	00:01:56	00:51:58	272m	7'06"/km
23.	59	00:01:59	00:53:57	206m	9'38"/km
24.	39	00:02:16	00:56:13	269m	8'26"/km
25.	47	00:01:29	00:57:42	145m	10'14"/km
26.	48	00:03:38	01:01:20	508m	7'09"/km
27.	60	00:02:14	01:03:34	287m	7'47"/km
28.	49	00:01:45	01:05:19	186m	9'25"/km
29.	50	00:03:14	01:08:33	438m	7'23"/km
30.	51	00:02:23	01:10:56	246m	9'41"/km
31.	52	00:02:56	01:13:52	418m	7'01"/km
32.	53	00:02:03	01:15:55	296m	6'56"/km
33.	54	00:01:09	01:17:04	130m	8'51"/km
34.	55	00:01:03	01:18:07	137m	7'40"/km
35.	61	00:01:09	01:19:16	215m	5'21"/km
36.	999	00:00:18	01:19:34	79m	3'48"/km