

# Entrainement Banneux

## Banneux 7.1.2024

### Hermathenae

**Romain HANZEN**

CO Liège

Circuit : H:Court

Distance : 3140m (Dénivelé 70m)

Temps : 1:39:08 (31'34"/km)

**3/6**

O.K.

[Résultats complets sur Webres](#)

- |                |         |
|----------------|---------|
| 1. Tom MAYERES | 0:51:25 |
| 2. Ivan KRIER  | 1:39:02 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 92  | 00:03:45 |          | 244m | 15'22"/km |
| 2.  | 93  | 00:06:12 | 00:09:57 | 290m | 21'23"/km |
| 3.  | 98  | 00:05:01 | 00:14:58 | 216m | 23'14"/km |
| 4.  | 106 | 00:10:30 | 00:25:28 | 319m | 32'55"/km |
| 5.  | 112 | 00:14:18 | 00:39:46 | 385m | 37'09"/km |
| 6.  | 105 | 00:14:59 | 00:54:45 | 488m | 30'42"/km |
| 7.  | 104 | 00:14:41 | 01:09:26 | 265m | 55'25"/km |
| 8.  | 102 | 00:14:04 | 01:23:30 | 321m | 43'49"/km |
| 9.  | 99  | 00:09:42 | 01:33:12 | 239m | 40'35"/km |
| 10. | 118 | 00:04:59 | 01:38:11 | 165m | 30'12"/km |
| 11. | 999 | 00:00:57 | 01:39:08 | 124m | 7'40"/km  |

HELGA

Orienteering Software