

Entrainement Banneux

Banneux 7.1.2024

Hermathenae

Philippe PISVIN

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Circuit : H:Moyen

Distance : 3950m (Dénivelé 120m)

Temps : 0:58:45 (14'52"/km)

6/13

O.K.

[Résultats complets sur Webres](#)

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|--------------------|---------|
| 1. Nathan JANSEN | 0:41:32 |
| 2. Frédéric PICARD | 0:43:28 |
| 3. Michel VAN LAAR | 0:43:33 |

1.	99	00:05:07		249m	20'33"/km
2.	102	00:03:09	00:08:16	239m	13'11"/km
3.	103	00:04:33	00:12:49	111m	40'59"/km
4.	104	00:06:34	00:19:23	249m	26'22"/km
5.	105	00:04:18	00:23:41	265m	16'14"/km
6.	116	00:03:22	00:27:03	270m	12'28"/km
7.	112	00:05:12	00:32:15	358m	14'32"/km
8.	107	00:06:42	00:38:57	414m	16'11"/km
9.	111	00:03:27	00:42:24	265m	13'01"/km
10.	98	00:05:41	00:48:05	473m	12'01"/km
11.	93	00:02:23	00:50:28	216m	11'02"/km
12.	92	00:02:56	00:53:24	290m	10'07"/km
13.	118	00:04:02	00:57:26	339m	11'54"/km
14.	999	00:01:19	00:58:45	124m	10'37"/km

HELGA

Orienteering Software