

Entrainement Banneux

Banneux 7.1.2024

Hermathenae

Antoine VOS

CO Liège

Circuit : H:Long

Distance : 6150m (Dénivelé 270m)

Temps : 1:36:09 (15'38"/km)

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O.K.

[Résultats complets sur Webres](#)

1. Arnaud MAZY	0:57:09
2. François HANZEN	1:00:14
3. Ruben JAMSIN	1:03:58

1.	99	00:02:30		249m	10'02"/km
2.	100	00:02:15	00:04:45	149m	15'06"/km
3.	101	00:05:44	00:10:29	210m	27'18"/km
4.	102	00:02:35	00:13:04	226m	11'26"/km
5.	103	00:01:49	00:14:53	111m	16'22"/km
6.	104	00:05:48	00:20:41	249m	23'18"/km
7.	105	00:03:08	00:23:49	265m	11'49"/km
8.	111	00:05:31	00:29:20	591m	9'20"/km
9.	107	00:04:10	00:33:30	265m	15'43"/km
10.	108	00:04:25	00:37:55	228m	19'22"/km
11.	109	00:07:15	00:45:10	222m	32'39"/km
12.	113	00:03:52	00:49:02	254m	15'13"/km
13.	114	00:06:11	00:55:13	266m	23'15"/km
14.	115	00:05:46	01:00:59	249m	23'10"/km
15.	110	00:05:59	01:06:58	359m	16'40"/km
16.	112	00:05:25	01:12:23	406m	13'20"/km
17.	116	00:06:40	01:19:03	358m	18'37"/km
18.	98	00:05:01	01:24:04	260m	19'18"/km
19.	93	00:01:41	01:25:45	216m	7'48"/km
20.	92	00:02:48	01:28:33	290m	9'39"/km
21.	117	00:02:00	01:30:33	169m	11'50"/km
22.	118	00:04:46	01:35:19	343m	13'54"/km
23.	999	00:00:50	01:36:09	124m	6'43"/km

Orienteering Software