

Entrainement Banneux

Banneux 7.1.2024

Hermathenae

Arnaud MAZY

CO Liège

Circuit : H:Long

Distance : 6150m (Dénivelé 270m)

Temps : 0:57:09 (9'18"/km)

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O.K.

[Résultats complets sur Webres](#)

2. François HANZEN

1:00:14

3. Ruben JAMSIN

1:03:58

1.	99	00:01:48		249m	7'14"/km
2.	100	00:01:25	00:03:13	149m	9'30"/km
3.	101	00:03:08	00:06:21	210m	14'55"/km
4.	102	00:02:26	00:08:47	226m	10'46"/km
5.	103	00:00:49	00:09:36	111m	7'21"/km
6.	104	00:03:00	00:12:36	249m	12'03"/km
7.	105	00:02:13	00:14:49	265m	8'22"/km
8.	111	00:03:17	00:18:06	591m	5'33"/km
9.	107	00:01:37	00:19:43	265m	6'06"/km
10.	108	00:03:11	00:22:54	228m	13'58"/km
11.	109	00:02:51	00:25:45	222m	12'50"/km
12.	113	00:02:41	00:28:26	254m	10'34"/km
13.	114	00:03:01	00:31:27	266m	11'20"/km
14.	115	00:02:12	00:33:39	249m	8'50"/km
15.	110	00:05:51	00:39:30	359m	16'18"/km
16.	112	00:03:07	00:42:37	406m	7'41"/km
17.	116	00:04:02	00:46:39	358m	11'16"/km
18.	98	00:02:27	00:49:06	260m	9'25"/km
19.	93	00:02:06	00:51:12	216m	9'43"/km
20.	92	00:01:35	00:52:47	290m	5'28"/km
21.	117	00:01:36	00:54:23	169m	9'28"/km
22.	118	00:02:10	00:56:33	343m	6'19"/km
23.	999	00:00:36	00:57:09	124m	4'50"/km

Orienteering Software