

# Entrainement Banneux

## Banneux 7.1.2024

### Hermathenae

**Anaïs MAZY**

CO Liège

Circuit : D:Moyen

Distance : 3950m (Dénivelé 120m)

Temps : 0:45:30 (11'31"/km)

**1/20**

O.K.

[Résultats complets sur Webres](#)

2. Odile MONFORT 0:48:41  
3. Leslie CRETTELS 0:49:40

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 99  | 00:03:43 |          | 249m | 14'56"/km |
| 2.  | 102 | 00:02:32 | 00:06:15 | 239m | 10'36"/km |
| 3.  | 103 | 00:01:19 | 00:07:34 | 111m | 11'52"/km |
| 4.  | 104 | 00:04:56 | 00:12:30 | 249m | 19'49"/km |
| 5.  | 105 | 00:03:54 | 00:16:24 | 265m | 14'43"/km |
| 6.  | 116 | 00:02:50 | 00:19:14 | 270m | 10'30"/km |
| 7.  | 112 | 00:04:42 | 00:23:56 | 358m | 13'08"/km |
| 8.  | 107 | 00:05:30 | 00:29:26 | 414m | 13'17"/km |
| 9.  | 111 | 00:03:37 | 00:33:03 | 265m | 13'39"/km |
| 10. | 98  | 00:04:18 | 00:37:21 | 473m | 9'05"/km  |
| 11. | 93  | 00:01:48 | 00:39:09 | 216m | 8'20"/km  |
| 12. | 92  | 00:02:26 | 00:41:35 | 290m | 8'23"/km  |
| 13. | 118 | 00:02:50 | 00:44:25 | 339m | 8'21"/km  |
| 14. | 999 | 00:01:05 | 00:45:30 | 124m | 8'44"/km  |

HELGA

Orienteering Software