



Training Skihütte

Rodt 7.1.2024

O.L.G. St. Vith ARDOC

Thorsten CREMER

Hansa Simmerath

Strecke : H:A Schwarz lang

Länge : 6400m

Zeit : 1:16:14 (11'55"/km)

7/10

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Thomas BREDO	0:53:05
2. Klaus SCHWALL	0:59:43
3. Guido LENGES	1:00:33

1.	101	00:03:15		376m	8'39"/km
2.	110	00:02:32	00:05:47	217m	11'40"/km
3.	111	00:02:43	00:08:30	230m	11'49"/km
4.	102	00:03:03	00:11:33	191m	15'58"/km
5.	112	00:04:01	00:15:34	206m	19'30"/km
6.	113	00:05:23	00:20:57	425m	12'40"/km
7.	103	00:01:02	00:21:59	109m	9'29"/km
8.	104	00:06:28	00:28:27	396m	16'20"/km
9.	105	00:02:36	00:31:03	144m	18'03"/km
10.	114	00:04:56	00:35:59	428m	11'32"/km
11.	115	00:01:37	00:37:36	166m	9'44"/km
12.	116	00:01:08	00:38:44	124m	9'08"/km
13.	106	00:05:22	00:44:06	388m	13'50"/km
14.	107	00:02:37	00:46:43	259m	10'06"/km
15.	108	00:04:24	00:51:07	399m	11'02"/km
16.	109	00:01:35	00:52:42	140m	11'19"/km
17.	233	00:03:37	00:56:19	220m	16'26"/km
18.	117	00:01:04	00:57:23	112m	9'31"/km
19.	118	00:04:46	01:02:09	426m	11'11"/km
20.	220	00:02:57	01:05:06	334m	8'50"/km
21.	221	00:01:03	01:06:09	121m	8'41"/km
22.	222	00:04:06	01:10:15	444m	9'14"/km
23.	223	00:03:54	01:14:09	396m	9'51"/km
24.	224	00:01:29	01:15:38	116m	12'47"/km
25.	120	00:00:36	01:16:14	75m	8'00"/km

Orienteering Software