



CORRIDA DO BOM JESUS 2024

PENEDO - AL 7.1.2024

ORIENT EXTREME

Marcio Jose

PREFEITURA DE PENEDO

Course : MASCULINO 8KM

Distance : 8000m (Climbing 88m)

Time : 0:45:58,001 (5'45"/km)

62/146

O.K.

[Full result on Webres](#)

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|-----------------------------------|-------------|
| 1. Jose Carlos | 0:28:00,386 |
| 2. ÁLVARO DOS SANTOS LIMA | 0:28:48,667 |
| 3. Adenilson Anastácio Dos Santos | 0:31:56,488 |

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|----|-----|----------|----------------|----------|--------------|
| 1. | 71 | 00:19:18 | 3300m | 5'51"/km | HIDRATAÇÃO 1 |
| 2. | 999 | 00:26:40 | 00:45:58 5700m | 4'41"/km | CHEGADA |

