



TRIDENT GV - 2023 - TRIDENT GV - CORRIDA
MACEIÓ - AL 15.12.2023
TRIDENT GV

THAMIRES DA SILVA

INDIV.

Course : 10KM CONV FEMININO

Distance : 10000m (Climbing 4m)

Time : 0:45:19,800 (4'32"/km)

1/12

O.K.

[Full result on Webres](#)

2. Clarissa Pereira 0:47:38,628
3. Jaianny Fernandes Duarte (ch Romeiro)0:52:51,906

1.	71	00:12:15	2500m	4'54"/km	2500m - RETORNO DOS 5KM
2.	72	00:10:30 00:22:45	2500m	4'12"/km	5000m - RETORNO DOS 10KM
3.	71	00:10:26 00:33:11	2500m	4'10"/km	2500m - RETORNO DOS 5KM
4.	999	00:12:08 00:45:19	2500m	4'51"/km	CHEGADA

