



SYLVESTER 5 DAYS 2023 - DAY 1

Pijnven Noord 26.12.2023

Omega

Brent VLEUGELS

Antwerp Orienteers

Omloop : HE

Afstand : 8690m

Tijd : 0:55:39 (6'24"/km) [Punten : 835]

8/22

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|----------------|
| 1. Benjamin ANCIAUX | 0:46:29 [1000] |
| 2. Roman ZBRANEK | 0:49:06 [947] |
| 3. Simon KREKELS | 0:49:40 [936] |

1.	172	00:01:28	200m	7'20"/km
2.	178	00:01:32 00:03:00	252m	6'05"/km
3.	111	00:00:58 00:03:58	160m	6'03"/km
4.	114	00:00:58 00:04:56	165m	5'52"/km
5.	121	00:02:25 00:07:21	448m	5'24"/km
6.	149	00:02:56 00:10:17	435m	6'45"/km
7.	147	00:00:50 00:11:07	154m	5'25"/km
8.	142	00:02:22 00:13:29	373m	6'21"/km
9.	143	00:02:23 00:15:52	408m	5'50"/km
10.	145	00:01:58 00:17:50	288m	6'50"/km
11.	146	00:02:01 00:19:51	221m	9'08"/km
12.	140	00:03:43 00:23:34	596m	6'14"/km
13.	139	00:02:32 00:26:06	214m	11'50"/km
14.	161	00:00:28 00:26:34	81m	5'46"/km
15.	137	00:00:58 00:27:32	166m	5'49"/km
16.	135	00:02:09 00:29:41	350m	6'09"/km
17.	132	00:03:27 00:33:08	426m	8'06"/km
18.	133	00:01:02 00:34:10	208m	4'58"/km
19.	165	00:01:26 00:35:36	242m	5'55"/km
20.	129	00:02:37 00:38:13	387m	6'46"/km
21.	127	00:01:14 00:39:27	212m	5'49"/km
22.	124	00:01:51 00:41:18	258m	7'10"/km
23.	123	00:01:39 00:42:57	266m	6'12"/km
24.	113	00:02:08 00:45:05	364m	5'52"/km
25.	115	00:01:11 00:46:16	191m	6'12"/km
26.	119	00:01:20 00:47:36	184m	7'15"/km
27.	151	00:02:35 00:50:11	459m	5'38"/km
28.	155	00:02:18 00:52:29	395m	5'49"/km
29.	158	00:01:17 00:53:46	178m	7'13"/km
30.	169	00:01:28 00:55:14	260m	5'38"/km
31.	999	00:00:25 00:55:39	104m	4'00"/km