



## SYLVESTER 5 DAYS 2023 - DAY 4

Boshoverheide 29.12.2023

KOVZ

**Phil JANSSEN**

Omega

Omloop : MM

Afstand : 5760m

Tijd : 1:25:21 (14'49"/km)

**11/26**

O.K.

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|                     |         |
|---------------------|---------|
| 1. Bert VAN RILLAER | 0:41:48 |
| 2. Keo JANSSENS     | 0:46:38 |
| 3. Norah CLABAUX    | 0:48:40 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 101 | 00:03:08 |          | 331m | 9'28"/km  |
| 2.  | 102 | 00:03:37 | 00:06:45 | 403m | 8'58"/km  |
| 3.  | 103 | 00:03:24 | 00:10:09 | 405m | 8'24"/km  |
| 4.  | 146 | 00:09:03 | 00:19:12 | 403m | 22'27"/km |
| 5.  | 142 | 00:03:49 | 00:23:01 | 243m | 15'42"/km |
| 6.  | 113 | 00:04:28 | 00:27:29 | 388m | 11'31"/km |
| 7.  | 138 | 00:07:34 | 00:35:03 | 400m | 18'55"/km |
| 8.  | 136 | 00:04:30 | 00:39:33 | 406m | 11'05"/km |
| 9.  | 133 | 00:19:38 | 00:59:11 | 454m | 43'15"/km |
| 10. | 116 | 00:02:38 | 01:01:49 | 249m | 10'35"/km |
| 11. | 117 | 00:02:44 | 01:04:33 | 292m | 9'22"/km  |
| 12. | 119 | 00:04:35 | 01:09:08 | 556m | 8'15"/km  |
| 13. | 120 | 00:04:35 | 01:13:43 | 352m | 13'01"/km |
| 14. | 130 | 00:04:20 | 01:18:03 | 172m | 25'12"/km |
| 15. | 122 | 00:01:46 | 01:19:49 | 136m | 12'59"/km |
| 16. | 125 | 00:02:31 | 01:22:20 | 249m | 10'06"/km |
| 17. | 128 | 00:02:35 | 01:24:55 | 233m | 11'05"/km |
| 18. | 999 | 00:00:26 | 01:25:21 | 86m  | 5'02"/km  |

Orienteering Software