



## SYLVESTER 5 DAYS 2023 - DAY 4

Boshoverheide 29.12.2023

KOVZ

**Pekka PUOLAKKA**

Lieksa

Course : H70

Distance : 3410m

Time : 0:52:05 (15'16"/km) [Points : 606]

**11/15**

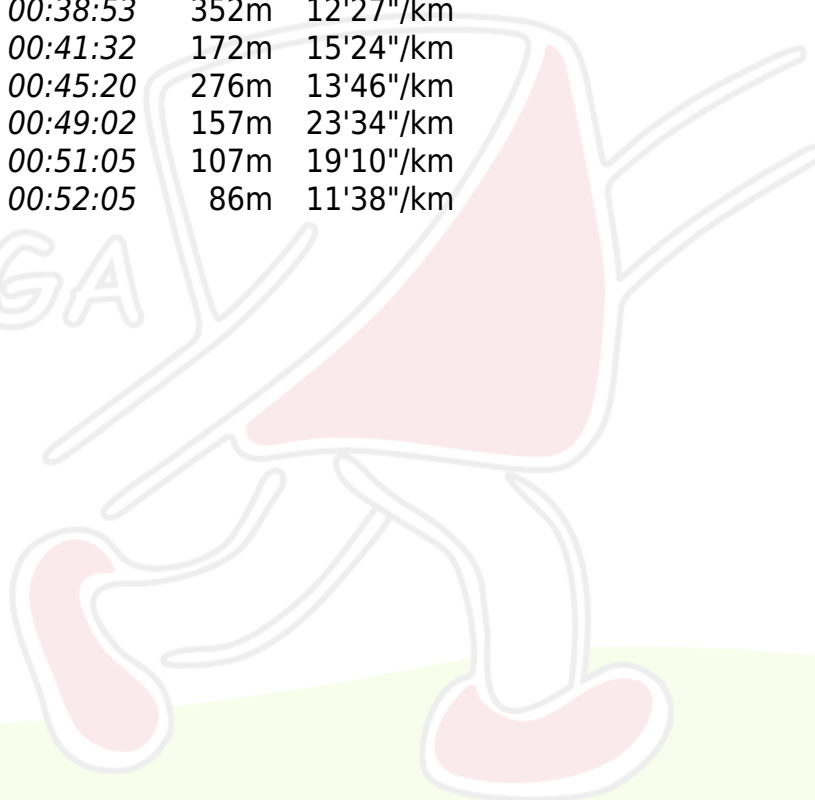
O.K.

[Full result on Webres](#)

|                       |                |
|-----------------------|----------------|
| 1. Frans WENS         | 0:31:34 [1000] |
| 2. Dominique SCHUTJES | 0:35:17 [895]  |
| 3. Rudy CANTRE        | 0:35:44 [883]  |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 140 | 00:03:37 |          | 278m | 13'01"/km |
| 2.  | 133 | 00:11:59 | 00:15:36 |      |           |
| 3.  | 134 | 00:03:05 | 00:18:41 | 164m | 18'48"/km |
| 4.  | 133 | 00:02:18 | 00:20:59 | 164m | 14'01"/km |
| 5.  | 116 | 00:03:18 | 00:24:17 | 249m | 13'15"/km |
| 6.  | 117 | 00:03:45 | 00:28:02 | 292m | 12'51"/km |
| 7.  | 119 | 00:06:28 | 00:34:30 | 556m | 11'38"/km |
| 8.  | 120 | 00:04:23 | 00:38:53 | 352m | 12'27"/km |
| 9.  | 130 | 00:02:39 | 00:41:32 | 172m | 15'24"/km |
| 10. | 124 | 00:03:48 | 00:45:20 | 276m | 13'46"/km |
| 11. | 127 | 00:03:42 | 00:49:02 | 157m | 23'34"/km |
| 12. | 128 | 00:02:03 | 00:51:05 | 107m | 19'10"/km |
| 13. | 999 | 00:01:00 | 00:52:05 | 86m  | 11'38"/km |

HELGA



Orienteering Software