



## SYLVESTER 5 DAYS 2023 - DAY 2

Hoge Rielen 27.12.2023

K.O.L.

**Jan THEYS**

Omega

Omloop : H60

Afstand : 4590m

Tijd : 0:44:32 (9'42"/km) [Punten : 659]

**17/26**

O.K.

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- |                  |                |
|------------------|----------------|
| 1. Marc MEEUWSEN | 0:29:22 [1000] |
| 2. Guido TIMMERS | 0:29:30 [995]  |
| 3. Wiet LAENEN   | 0:30:28 [964]  |

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 160 | 00:01:43 |          | 205m  | 8'22"/km  |
| 2.  | 228 | 00:01:08 | 00:02:51 | 132m  | 8'35"/km  |
| 3.  | 188 | 00:10:08 | 00:12:59 | 1159m | 8'45"/km  |
| 4.  | 197 | 00:01:17 | 00:14:16 | 121m  | 10'36"/km |
| 5.  | 234 | 00:01:30 | 00:15:46 | 143m  | 10'29"/km |
| 6.  | 180 | 00:03:57 | 00:19:43 | 231m  | 17'06"/km |
| 7.  | 199 | 00:05:48 | 00:25:31 | 486m  | 11'56"/km |
| 8.  | 204 | 00:03:35 | 00:29:06 | 385m  | 9'18"/km  |
| 9.  | 230 | 00:00:36 | 00:29:42 | 82m   | 7'19"/km  |
| 10. | 205 | 00:01:55 | 00:31:37 | 210m  | 9'08"/km  |
| 11. | 231 | 00:02:27 | 00:34:04 | 219m  | 11'11"/km |
| 12. | 207 | 00:01:01 | 00:35:05 | 104m  | 9'47"/km  |
| 13. | 215 | 00:03:19 | 00:38:24 | 363m  | 9'08"/km  |
| 14. | 226 | 00:02:05 | 00:40:29 | 228m  | 9'08"/km  |
| 15. | 220 | 00:03:22 | 00:43:51 | 418m  | 8'03"/km  |
| 16. | 999 | 00:00:41 | 00:44:32 | 100m  | 6'50"/km  |

Orienteering Software