



BOC04 - Ultra-longues Distances

Rouge-Cloître / 3 Fontaines 10.12.2023

ASUB

Carine LAMBEAU

ASUB

Circuit : Rouge

Distance : 5300m

Temps : 1:46:30 (20'06"/km)

41/46

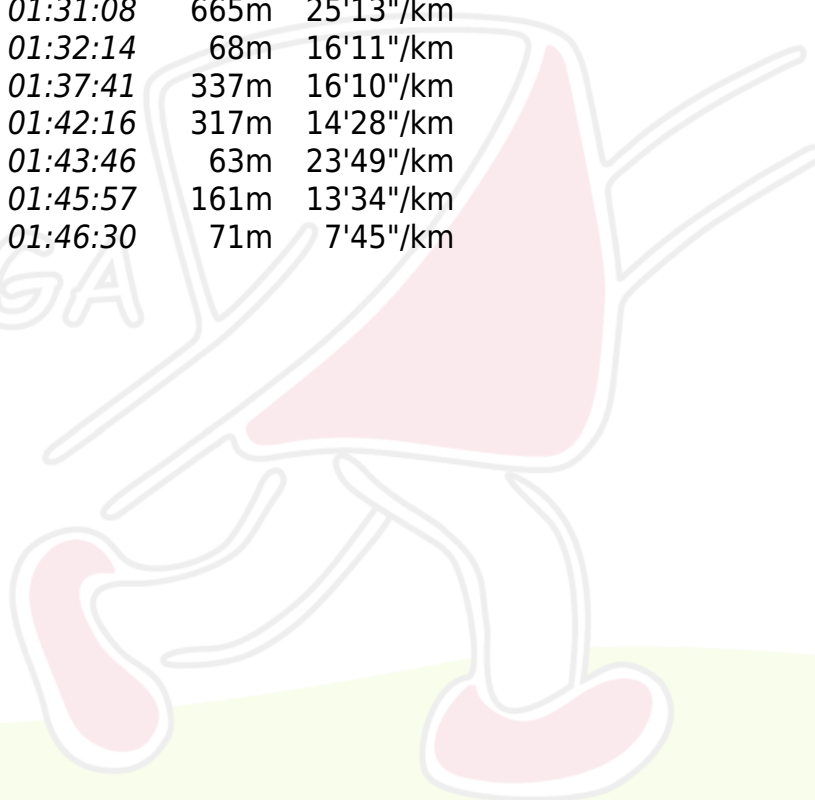
O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------------|---------|
| 1. Siegfried BAKELANTS | 0:38:43 |
| 2. Margot VANDEMEULEBROEK | 0:41:29 |
| 3. Nicolas ERNIE | 0:44:35 |

1.	149	00:11:11		655m	17'04"/km
2.	165	00:06:41	00:17:52	389m	17'11"/km
3.	79	00:21:35	00:39:27	807m	26'45"/km
4.	103	00:10:04	00:49:31	474m	21'14"/km
5.	80	00:06:52	00:56:23	369m	18'37"/km
6.	137	00:07:22	01:03:45	345m	21'21"/km
7.	83	00:10:37	01:14:22	535m	19'51"/km
8.	153	00:16:46	01:31:08	665m	25'13"/km
9.	154	00:01:06	01:32:14	68m	16'11"/km
10.	145	00:05:27	01:37:41	337m	16'10"/km
11.	158	00:04:35	01:42:16	317m	14'28"/km
12.	159	00:01:30	01:43:46	63m	23'49"/km
13.	78	00:02:11	01:45:57	161m	13'34"/km
14.	999	00:00:33	01:46:30	71m	7'45"/km

HELGA



Orienteering Software