



BOC04 - Ultra-longues Distances

Rouge-Cloître / 3 Fontaines 10.12.2023

ASUB

Mike IN 'T GROEN

TROL

Course : Rouge

Distance : 5300m

Time : 1:02:08 (11'43"/km)

15/46

O.K.

[Full result on Webres](#)

- | | |
|---------------------------|---------|
| 1. Siegfried BAKELANTS | 0:38:43 |
| 2. Margot VANDEMEULEBROEK | 0:41:29 |
| 3. Nicolas ERNIE | 0:44:35 |

1.	149	00:07:50		655m	11'58"/km
2.	165	00:04:14	00:12:04	389m	10'53"/km
3.	79	00:12:19	00:24:23	807m	15'16"/km
4.	103	00:05:00	00:29:23	474m	10'33"/km
5.	80	00:04:08	00:33:31	369m	11'12"/km
6.	137	00:02:52	00:36:23	345m	8'19"/km
7.	83	00:07:12	00:43:35	535m	13'27"/km
8.	153	00:07:35	00:51:10	665m	11'24"/km
9.	154	00:00:48	00:51:58	68m	11'46"/km
10.	145	00:03:24	00:55:22	337m	10'05"/km
11.	158	00:03:29	00:58:51	317m	10'59"/km
12.	159	00:01:06	00:59:57	63m	17'28"/km
13.	78	00:01:55	01:01:52	161m	11'54"/km
14.	999	00:00:16	01:02:08	71m	3'45"/km

HELGA

Orienteering Software