



BOC04 - Ultra-longues Distances

Rouge-Cloître / 3 Fontaines 10.12.2023

ASUB

Philippe HECQ

Hainaut O.C.

Circuit : Rouge

Distance : 5300m

Temps : 1:01:28 (11'36"/km)

14/46

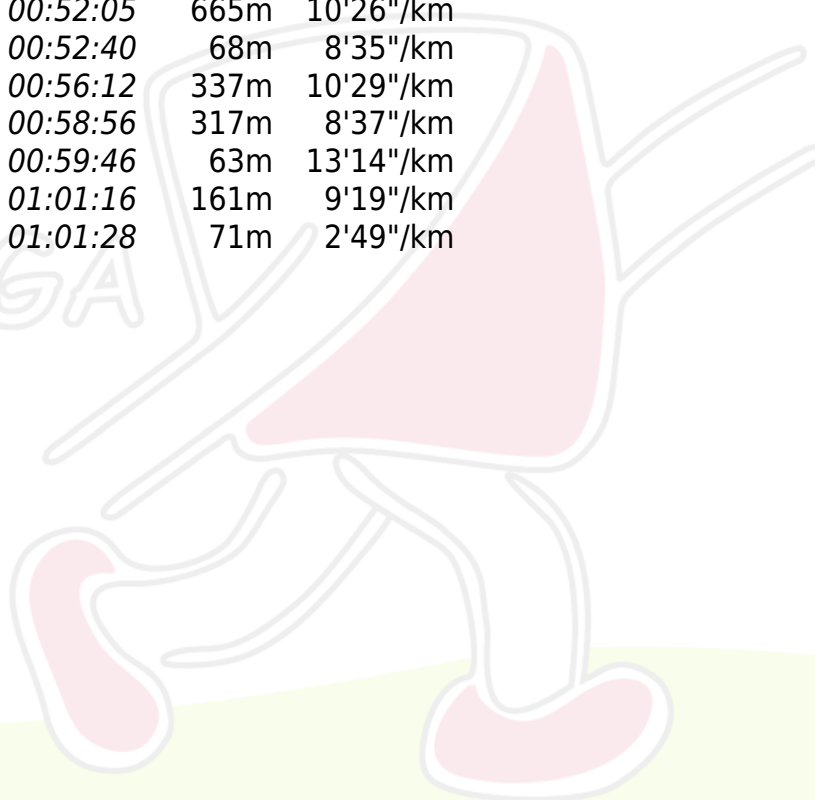
O.K.

[Résultats complets sur Webres](#)

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|---------------------------|---------|
| 1. Siegfried BAKELANTS | 0:38:43 |
| 2. Margot VANDEMEULEBROEK | 0:41:29 |
| 3. Nicolas ERNIE | 0:44:35 |

1.	149	00:06:59		655m	10'40"/km
2.	165	00:07:34	00:14:33	389m	19'27"/km
3.	79	00:08:41	00:23:14	807m	10'46"/km
4.	103	00:06:43	00:29:57	474m	14'10"/km
5.	80	00:03:49	00:33:46	369m	10'21"/km
6.	137	00:03:55	00:37:41	345m	11'21"/km
7.	83	00:07:28	00:45:09	535m	13'57"/km
8.	153	00:06:56	00:52:05	665m	10'26"/km
9.	154	00:00:35	00:52:40	68m	8'35"/km
10.	145	00:03:32	00:56:12	337m	10'29"/km
11.	158	00:02:44	00:58:56	317m	8'37"/km
12.	159	00:00:50	00:59:46	63m	13'14"/km
13.	78	00:01:30	01:01:16	161m	9'19"/km
14.	999	00:00:12	01:01:28	71m	2'49"/km

HELGA



Orienteering Software