



ÔXE! BORA CORRER?
PISCINA DA CAMPINA 10.12.2023
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José Leite

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Course : 7 KM SOLO MASCULINO 40-49

Distance : 7500m (Climbing 190m)

Time : 0:35:46,757 (4'46"/km)

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O.K.

[Full result on Webres](#)

1. Marcos Tucunáre	0:40:40,960
2. Jarbas	0:41:51,757
3. Alves	0:54:19,656

1.	72	00:19:58	4500m	4'26"/km	HIDRATAÇÃO
2.	999	00:15:48	00:35:46	2900m	5'27"/km
					CHEGADA

